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September 2011

A Monthly Publication of the School for Outdoor Leadership and Recreation (SOLAR)

Visit us at www.solaroutdoors.org

## Punch, Don't Pull By Rosemarie Attilio

Punch, don't pull. Punch, don't pull. This is the mantra we repeated during our 3-hour Kayak Class with **Matt Dalton** on July 16, 2011. Ten adults and two teens, along with several SOLAR assistants, came to Heavner Canoe Rental in Proud Lake State Recreation area. Earlier in the day, other SOLAR members had a Kayak Building Showcase. Their kayaks were still on display when we arrived. I eyed them with trepidation, and said a mental prayer that Heavner's kayaks would be wider and more stable than the sleek, narrow wood and fabric boats being displayed. I wanted to stay on top of Proud Lake, not get a close up eye-to-eye view of the fish below.

As we registered for the class, **Al Heavner** came to welcome us. He had generously donated kayak lessons for children under the age of 18 as part of the

No Child Left Inside program. (No Child Left Inside is designed to provide positive outdoor experiences that will leave lasting impressions, ensuring a value of the environment and protection in the future.) Our teens, Killian and Bailey, had a great time at our class. We are grateful to SOLAR and Al Heavner for their generosity and partnership in this cause.

Matt was an excellent teacher. I was a little concerned when we began our lesson on dry grass. (There was supposed to be a boat and water involved, right?) I found he was teaching us how to hold a paddle, and the proper punch, don't pull stroke. As we paddled through the dry field, I began to see the wisdom of learning on land before hitting the water. After he was sure each of us understood how to properly paddle, we headed for the river.

He began by showing us the correct way to get into a kayak with the paddle balanced against the kayak and the shore or dock. I found it a bit easier to do the "plop and drop" technique. Luckily Heavner's kayaks were wide and stable. We paddled out to an open pond area, away from all the



#### In this issue

3

Punc	h Do	n't Pu	111	,
I unc	11. DU	111 1 1 1	ш	

SOLAR History Made Easy

Running aTrip

Roll, Roll, Roll Your Boat 4

SOLAR Spotlight 5

**Upcoming Classes and Activities** 

8-11

continued on p. 6



We welcome a new Assistant Editor to the "staff" this month; Heather Hall has agreed to take on the Spotlight Feature and to do some micro-interviews at the meetings. It seemed like an excellent opportunity to draw your attention to our crack team of editors, without whom I would not be able to get out a Ray each month. Now, I know you all pore through the Ray each month from cover to cover, but just in case you've never read that tiny print on the back page of the Ray, let me introduce you to every one. Each month, when you send us an article or ad for the Ray, I send it off to these great people, who work to make

you look good: Karen DeCoster, Heather Hall, Jennifer Hill, Ken Lemieux, Helen Peters, Janet Schester, Pamela Schmelzer-Anzicek, Elizabeth Shaw, Ati Tislerics and Jennifer Tislerics. The lion's share of the final editing seems to go to Ati and Jen Tislerics, who are my last eyes to see the Ray before it goes to the publisher. If you enjoy the Ray, these are the folks you should thank!

#### **SOLAR History Made Easy**

By Chip Kleinbrook, Historian



Thanks to modern internet technology, and a few kind steering committee members, the SOLAR Facebook page [found at <a href="http://www.facebook.com/#!/">http://www.facebook.com/#!/</a>
<a href="mailto:SOLAROutdoors">SOLAROutdoors</a>] may well become a year by year historical posting board. With a



little bit of IT luck, we're in the process of yearbook tabs. [Should anyone want to tutor me on how to create tabs within Facebook for a yearbook style on the margins I would be a grateful student! ] These would allow members and veteran members to post photos and narrations on a year by year tab. Some groups treat their web page as a virtual reunion. In the same vein, SOLAR could treat the Facebook site as a running historical commentary, often using source material and views directly from those who were there. Feel free to dig through your boxes of photos and see if they jog your memory! If so, you may want to consider going on the Facebook page in a few months, join the SOLAR facebook group, and post commentary and photos. This will help us document a virtual library of record for all things SOLAR.

#### SOLAR WELCOMES THE FOLLOWING NEW MEMBERS:



Mary Bluteau
Jeffrey Groehn
Lyn Scharret
Dennis Sears
Kathleen M. Smith

Kim Dubczak
Charlene Machnak
Kim Schott \*\*
R. Michael Seng, III
Scott Wheeler

Travis Wheeler

\*\* New Lifetime Member

#### You too can run a trip. It's pretty easy. Really!

By Vera Morris

of presenting a trip at a monthly meeting left my stomach churning and my heart racing. speaking is NOT my thing!

Still, I wanted to give back to the club that has given so much to me. Okay, I thought, I'll run for steering committee. Then my friend decided to run for the position I was interested in. Hmmm, now what?

I'm not one to give into fear and I love a challenge. Even though it would mean standing up in front of a room full of people and speaking, I decided that I would offer three activities this year.

I thought about what trips I'd like to go on. location. I received lots of great advice from Nordhouse Dunes beach cleanup was familiar from when Vida Ruggerio ran it and it's something running trips. Members of our fantastic steering that's important to me. An easy first go! At the committee Heidi Tietjen (Activities), Jennifer monthly meeting everyone was friendly and Tislerics (Membership), and Paul Williford supportive and nobody seemed to notice that I (Treasurer) have been a big support as well. was shaking as I spoke in front of the group. The far, so good! trip itself went really well. Whew!



I'd thought about organizing a trip many times With my confidence building, I decided to do a since I joined SOLAR years ago but each time I trip that would be new to the group: Lake Hope immediately talked myself out of it. I love to see State Park in Ohio over Labor Day weekend. I the club calendar full of classes and activities but I chose it for several reasons: it's fairly close, the was scared to organize anything myself. The idea area is gorgeous, there is a variety of activities,



and it would hold a large group in a nicely wooded Margaret Martin and Leslie Cordova, both pros at

I haven't decided on my third trip yet. It feels great knowing that I'm responsible for something on the SOLAR calendar that anyone in the club can participate in and enjoy as I've enjoyed so many activities over the years. I'm getting more comfortable with putting myself out there and speaking in front of the group. And who knows? Maybe leading trips and public speaking will become my new thing!

Happy Trails!

#### ROLL, ROLL YOUR BOAT....

#### IO CLUB MEMBERS PARTICIPATE IN 10TH ANNIVERSARY QAJAC TRAINING CAMP

SOLAR members made up 20% of the participants of this year's Training Camp in Frankfort, MI. Andy Andrews, Michelle Delaporte, Amy Fedor, Marie Harrington, Pete and Sharon Lamb, Deanna O'Dea, Chuck Smith, Sheila Smith, and Robin Vargyas attended the 3 day camp.























How long have you been a member of SOLAR? Since 2007

#### How did you learn about SOLAR?

A friend that I used to play soccer with told me about SOLAR.

#### What are some outdoor activities you enjoy?

Biking, day hiking, paddling, backpacking, adventure racing, snowshoeing, cross country skiing (although I am not good at it). Just being with my outdoor friends at the campfire, and sleeping under the stars!

#### What has been your favorite trip/activity so far?

The winter backpacking class. Nothing like the challenge of staying warm and safe while having a great time in the beautiful untouched snow. It is like being in a winter scenic postcard plus, there are NO BUGS!

## What's the most challenging thing you've done through SOLAR?

The Winter Survival Class.

#### What would your ideal trip be like?

Backpacking in the mountains (or out West ) with my backpacking friends.

#### Which classes

### have you taken through SOLAR? What classes do you wish were offered that are not currently?

I have taken Basic Backpacking, Basic Land Navigation, Winter Survival, EMW, Adventure Racing and Knot Tying.

I would like to see classes, such as Freeze Dried Cooking, or Cooking for Backpacking. And a next level backpacking class that would offer tricks of the trade, like options to lighten your pack, tarp building, different stoves for different types of trips (altitude, season), features to look for in backpacks, hiking poles, water systems.....etc. (the list goes on.....)

## Tell us something about you that would surprise us!

I have a ferocious appetite. It is amazing how much food I can pack away!

#### Do you have any pets? Kids? Significant Other?

I am married and have two grown kids, whose jobs have moved them out of state. I also have a lovely 12 1/2 year old golden retriever.

## What would you like to see changed in SOLAR in the next year?

I really like everything SOLAR has to offer.

#### KAYAK CLASS (continued from p1)

#### R. ATTILIO



kayakers that were not part of our class. We were able to practice paddling forward using the punch stroke, not the pull stroke (which tires your muscles more quickly). We also learned how to paddle to the side, turn, stop, and reverse. We were shown how to take another kayak, or two others if available, and stabilize a kayak between them. This was so stable that it allowed a person to stand up in the kayak! One of Matt's assistants showed more advanced techniques, such as rolling a kayak completely under water and coming back up without falling out of the kayak. Since our kayaks did not have skirts, and we were just beginners, we did not try the roll.



After we had all become proficient in our kayaks, we headed back to a dinner of pizza, ribs, chicken and salad. Several other outdoor groups had joined us and all were entertained by a dance and drumming group from Ann Arbor. Between the four groups, we were about 90 people strong. I thought that would put a damper on the evening moonlight paddle, but I was pleasantly mistaken.

Margaret Martin from SOLAR had organized our evening moonlight paddle and coordinated it with Matt, so class participants could join. People departed at different times, and because the river has many bends and turns, you did not see many of the people ahead or behind you. It felt as if you had the whole river to yourself. We began to paddle at sunset, and the view was beautiful. I was surprised that there were virtually no mosquitoes. We paddled to Milford, and then took a stroll into town to get an ice cream. I worried my giant hot fudge sundae would sink my boat, but once again I marveled at the stability of Heavner's kayaks.



Returning back along the river by full moon left a lasting impression of beauty. A mist had risen on the water. You could make out the silhouettes of a few kayaks in front of you. The fireflies were so plentiful it looked like a Disney experience. We passed sleeping swans, and a kayaker quietly playing his flute. Words cannot adequately describe the experience.

photos by Cynthia Balkwell

We arrived back to the dock, and heard the soft strumming of guitars by the bonfire. Our groups had merged together for a memorable evening. It truly was one of the best outdoor experiences I have encountered. Thank you Matt, Al, and Margaret, for an outstanding SOLAR Experience.

Backpacking Season is upon us. If you've got some good recipes to share, send them in!

#### Chili Mac

By Marie Harrington

#### Ingredients:

1 lb lean ground meat (turkey, venison, beef)

1 medium onion diced

1 small green pepper diced

1 28 oz. can diced tomatoes (organic if possible)

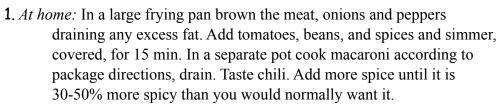
1 15 oz. can Chili Hot kidney beans

1 t Chili powder

½ t Red Pepper flakes (add more to taste)

2 c elbow macaroni

Food scale, Food dehydrator, parchment paper, freezer ziplock bags, Sharpie pen



- 2. Serve up a trail sized portion of chili and macaroni into a lightweight bowl. Weigh the contents. Dump onto parchment paper lined dehydrator tray, making a thin layer, and write down wet weight. Dehydrate according to instructions provided with your dehydrator, making sure to remove all moisture. Carefully remove dried chili mac into lightweight bowl and re-weigh. Subtract dry weight from wet weight and write on ziplock bag with sharpie. This is the number of ounces of boiling water needed to re-hydrate. Add dried chili mac to bag, squeeze out excess air, and seal. May be stored in freezer if preparing a long time before trip.
- **3**. On the trail: Boil water, accurately measure and add to ziplock, stir, place ziplock in insulated pouch for 20 min. To do dishes...close ziplock, wash spoon! Enjoy!

WORDS TO WANDER BY

The clearest way into the Universe is through a forest wilderness. **John Muir** 

# Green Timber/Shingle Mill Pathway Backpacking Trip

October 8-9, 2011

Organizer: Wendy Wernet wwhoppiefrog12@hotmail.com

We'll have an easy 4-mile hike in on Saturday and spend the night camping near Honeymoon Cabin with spectacular views of the changing colors in the Sturgeon River Valley in the midst to Michigan's elk territory. With luck we'll be able to hear and possibly see some bull elk in the area. On Sunday we'll hike back out and, for those up for it, drive down the road for a 10-mile no -pack hike on the Shingle Mill Pathway. If you've taken Enjoying Michigan Winters, you'll want to check the trails out when there are leaves on the trees and you're not knee-deep in snow!

michigan.org

We'll meet at the Sturgeon Valley Road parking area trailhead at noon on Saturday. The trailhead for is located near Vanderbilt, MI in Pigeon River Country, not far from Grayling.

Some backpacking experience is required.

Dogs are welcome!

You can sign up on <u>SOLAR's</u> <u>Meetup site</u> as well as at a meeting.

Photo from michigantrails.o



#### Otter Creek Wilderness Backpacking Trip

What **Backpacking Trip** 

Where Otter Creek Wilderness, Monongahela National Forest, West Virginia

This is approximately an 8-hour drive from the Detroit area.

When October 28 thru October 30

> The backpacking trip will start at the trailhead at 9:00am on the morning of October 28. The entry point is off US Route 33 East of Elkins, WV (more detail to be available to participants). Consider October 27 to be a travel day and October

30 to be hiking and travel day.

**Conditions** The terrain is the Appalachian Mountains. There are stream crossings and hills. At

the end of October the night temperatures will likely drop below freezing.

Group Group size in the Wilderness area is limited by the Forest Service to

Size 10 people (no animals).

Seneca Rocks, Dolly Sods, Canaan Valley and Blackwater Falls State Nearby **Sights** 

Park are all within 20 miles. You may want to visit one or more of these sights

while you are in the area. The leader can provide more information.

Cost There is no cost.

benninger@comcast.net, Sign-up You can sign up with the trip leader, Gary Benninger,

or 248-318-0802 or through Meetup.

The first 10 people to sign-up will be the group.

A waiting list will be maintained in case of cancellations.

Any person that does not show up and has not cancelled will not be allowed on any

future trips with this trip leader.





#### **Basic Land Navigation**

#### You will learn:

Map reading / Terrain visualization Navigation strategies

Taking & plotting compass bearings The "Three Norths" & Declination

Primitive Navigation (time permitting)

You will be participating in a cross-country route finding exercise.

This class is a prerequisite for the Advanced Land Navigation class, which focuses on GPS. GPS is not covered at all in this class.

Cost: \$50.00 Includes: Does NOT include:

Book State Park Permit

Cabin Meals

Handouts/Maps



#### When/Where:

Wednesday, October 5th, 6:30 PM-9:00 PM – Berkley Community Center Wednesday, October 12th, 6:30 PM-9:00 PM - Berkley Community Center

Wednesday, October 19th, 6:30 PM-9:00 PM - Berkley Community Center

Saturday, October 22nd (9 AM - 6 PM) & Sunday, October 23rd (9 AM - 4 PM) - Waterloo Recreation Area

Due to the cumulative nature of the material covered, no "excused absences" are possible - students must attend all evening classes and both days of the practical.

Prerequisites: None

Jeff McWilliams, E-mail (preferred): jeff.mcwilliams@gmail.com. Phone: 248-321-1987



Join the award winning SOLAR Stair Stars in their annual trek up the stairs of the infamous Renaissance Center!

Pot Luck and training session Saturday, October 15, 2011 12:00noon Bloomer Park, Rochester, MI

For details and RSVP contact Mary Donahue 313.598.3324 mldonahue824@gmail.com



## Click to get the details on Meetup.com!

#### **SOLAR SEPTEMBER 2011 CALENDAR**

www.SolarOutdoors.org

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9/6	Tues	Monthly Meeting 7:30 pm	Colony Hall	Chuck Smith	SolarPresident@SolarOutdoors.org			
0,0		Program: Tips for Organizing a Class or Activity	Colony Hall	Debbie Zuchlewski	SolarPrograms@SolarOutdoors.org			
9/27	Tues	Steering Committee Meeting, 7:30 pm	TBD	Ati Tislerics	SolarSecretary@SolarOutdoors.org			
10/4	Tues	Monthly Meeting 7:30 pm	Colony Hall	Chuck Smith	SolarPresident@SolarOutdoors.org			
<u> </u>		Program: TBD	Colony Hall	Debbie Zuchlewski	SolarPrograms@SolarOutdoors.org			
10/25	Tues	Steering Committee Meeting, 7:30 pm	TBD	Ati Tislerics	SolarSecretary@SolarOutdoors.org			
11/1	Tues	Monthly Meeting 7:30 pm	Colony Hall	Chuck Smith	SolarPresident@SolarOutdoors.org			
		Updates from the Steering Committee	Colony Hall	Debbie Zuchlewski	SolarPrograms@SolarOutdoors.org			
11/29	Tues	Steering Committee Meeting, 7:30 pm	TBD	Ati Tislerics	SolarSecretary@SolarOutdoors.org			
SOLAR RAY DEADLINES								
9/16	Fri	October SOLAR Ray Deadline		Sheila Smith	SolarRayEditor@SolarOutdoors.org			
10/14	Fri	November SOLAR Ray Deadline		Sheila Smith	SolarRayEditor@SolarOutdoors.org			
11/18	Fri	December SOLAR Ray Deadline		Sheila Smith	SolarRayEditor@SolarOutdoors.org			
ACTIVITIES								
9/2-5	Wknd	Lake Hope State Park Labor Day Wknd	Zaleski State Forest, OH	Vera Morris	vem4@yahoo.com			
9/10, 10/15, 11/12	Sat	Moonlight Canoeing	Proud Lake Rec Area	Margaret Martin	mpluscat@yahoo.com			
9/16-18	Wknd	North Manitou Island Backpacking Trip	North Manitou Island	Heidi Tietjen	h_tietjen@yahoo.com			
9/24	Sat	Ride in the Tour de Troit	Roosevelt Park, Detroit	Heidi Tietjen	h_tietjen@yahoo.com			
9/30-10/2	Wknd	Camping at Metamora	Lapeer County, MI	Margaret Martin	mpluscat@yahoo.com			
10/2-6	Multi	Adirondack Adventure	Lake Placid, NY	Don Wold	dwold12972@aol.com			
10/8-9	Wknd	Green Timbers Backpacking Weekend	Vanderbilt, MI	Wendy Wernet	hoppiefrog12@hotmail.com			
10/8	Sat	Wine Tasting and Making Party	Rochester, MI	Mary Donohue	mldonahue824@gmail.com			
10/15-16	Wknd	Jordan River Pathway Backpacking Trip	Alba, MI	Allan Duncan	aduncan85@gmail.com			
10/15	Sat	SOLAR Stair Stars Kick-Off Potluck and Training Session	Bloomer Park, Rochester Hills,MI	Mary Donahue	mldonahue824@gmail.com			
10/27-30	Multi	Otter Creek Wilderness Backpacking Trip	Monongahela National Forest, WV	Gary Benninger	benninger@comcast.net			
			CLASSES					
8/18, 25, 9/8, 10, 15, 23-25, 10/7-9	Thur, Wknd	Basic Backpacking	Royal Oak Community Center	Carol McCririe	cmccririe@sbcglobal.net			
10/5, 12, 19, 22-23	Wed, Wknd	Basic Land Navigation	Berkley Community Center, Waterloo State Rec Area	Jeff McWilliams	jeff.mcwilliams@gmail.com			
11/30; 12/7, 14; 1/4, 14-15, 18, 21, 25; 2/3-5	Wed, Sat, Wknd	Enjoying Michigan Winters  FELIND POLICY OF YOU ARE UNABLE TO AT	Schoolcraft College/Novi, Waterloo State Rec Area, Pigeon River	Allen Duncan	aduncan85@gmail.com			

SOLAR HAS A NO-REFUND POLICY. IF YOU ARE UNABLE TO ATTEND AN ACTIVITY, YOU MAY "SELL YOUR SPOT" TO ANOTHER CLUB MEMBER

You Can Organize a Class or Activity! If you would like to organize or suggest an activity to share with other SOLAR members, contact our Activities Chairperson, Heidi Tietjen at <a href="mailto:SolarActivities@SolarOutdoors.org">SolarActivities@SolarOutdoors.org</a>.

If you would like to teach or suggest a class, contact our Education Chairperson, Kevin Cotter at SolarEducation@SolarOutdoors.org.

**SOLAR General Meetings** take place on the first Tuesday of the month at Colony Hall, 21780 Evergreen, Southfield, MI, at 7:30 pm. The business meeting is followed by a chance to sign up for classes and activities and an informational program on a topic of interest to members.

#### September Program: Tips for Organizing a SOLAR Class or Activity

As an all-volunteer organization, SOLAR members are the key to running great classes and activities. Fortunately that's pretty easy to do! Education Chair Kevin Cotter and Activities Chair Heidi Tietjen will walk us through how to organize a class or activity so anyone can share their outdoor skills with fellow club members or get a group together to share an adventure.

October Program: TBD

meetu

#### **November Program: Updates from the Steering Committee**

Steering Committee members will share what they've accomplished since May and what their plans for the club are in the coming months. Questions welcome!

**SOLAR Steering Committee Meetings** take place on the last Tuesday of the month at 7:30 pm. All members are welcome to attend. The meeting location varies. Contact the SOLAR Secretary, Ati Tislerics, at SOLARSecretary@SolarOutdoors.org for more information.

#### Want More Information about an Activity or a Class?

Become one of the growing number of SOLAR members joining Meetup.com! Visit our Meetup page to learn about and sign up for upcoming classes and activities. You can even pay online!

Start by visiting <a href="www.meetup.com/SOLAR-Outdoors/">www.meetup.com/SOLAR-Outdoors/</a>

If you aren't a member of Meetup in general, you'll need to create an account before you can apply for membership in the SOLAR-Outdoors group. Just follow Meetup's directions. Once you apply for membership in the SOLAR-Outdoors group,

Jennifer Tislerics (our Membership Chair) will confirm that you are a paid member of SOLAR and approve your membership in the SOLAR-Outdoors Meetup group. Please be sure to include your first and last name when you apply to the group so she knows exactly who you are.

#### How Can I Become a Member of the SOLAR Yahoo Group?

If you aren't a member of Yahoo in general, you will need to create an account before you can apply for membership in the SOLAR Outdoors Yahoo group. To create your account, visit <a href="http://groups.yahoo.com">http://groups.yahoo.com</a>.

Once a member of Yahoo, go to <a href="http://groups.yahoo.com/group/Solaroutdoors/">http://groups.yahoo.com/group/Solaroutdoors/</a>. Click "Join this Group." On the next page you will need to enter your first and last name and identify yourself as a SOLAR member (so our Membership Chairperson will know who you are). Finally, click the "Join" button.

Your request will be approved soon, and you'll be able to join the between-meeting discussions and spur-of-the-moment activities!



# WHAT IS SOLAR?

knowledge and experience with each other by leading classes Members share their SOLAR is a non-profit, volunteer-based organization with 400plus members who enjoy the outdoors. and coordinating activities/trips.

# MEMBERSHIP

Membership is only \$40 a year per person (\$55 per family) and includes free access to most club-owned equipment, a monthly newsletter, and a chance to meet hundreds of other like-minded adventurers drawn together by a common love of pristine lakes, breathtaking vistas, tranquil forests, scenic shorelines, and the experiences to be found there. Lifetime memberships are available for \$175 (single) and \$250 (family).

## MEETINGS

**SOLAR** 

P.O. Box 220

33228 W. 12 Mile Road

Our monthly meetings are held the first Tuesday of every month in Southfield at Colony Hall, 21780 Evergreen (between 8 Mile & 9 Mile Roads) at 7:30 pm. Everyone is welcome to attend.

# SOLAR RAY NEWSLETTER

at www.solaroutdoors.org. To receive a copy in the mail, please contact Jennifer Tislencs at The SOLAR Ray is a monthly publication of SOLAR and is available online SOLARmembership@solaroutdoors.org.

# **SUBMISSION GUIDELINES**

format. Please attach images separately as JPG files. If you have any questions, please Membership meeting. Articles, poems, recipes, etc. should be submitted in electronic Submissions for the SOLAR Ray are due on the Thursday three weeks prior to the monthly contact Sheila Smith at SOLARrayeditor@solaroutdoors.org.

# STEERING COMMITTEE

Vice President: Laura Buhl Treasurer: Paul Williford President: Chuck Smith Secretary: Ati Tislerics

Membership: Jennifer Tislerics Historian: Chip Kleinbrook Programs: (vacant) Public Relations: Jennifer Hill Ray Editor: Sheila Smith Activities: Heidi Tietjen **Education: Kevin Cotter** Bylaws: Tim Davis

Equipment: Glenn Newa Webmaster: Bob Innes

# PRESIDENTS AT LARGE

Michael Banks | Leslie Cordova | Allen Duncan | Al Fylak | Steve Gardner | Bill Halvingis Cindy Harrison-Felix | Tom Hayes | Joan Hettinger | Doug Lanyk | Larry Martin | Tom Oloffo | Lou Szakal | Cindy Taylor | Joan & Bob Westbrook

# STEERING COMMITTEE MEETINGS

Steering Committee is welcome to attend. If you are interested in attending the Steering learning about the decisions being made or contemplating running for a position on the Committee meeting, please contact Chuck Smith at SolarPresident@solaroutdoors.org. The Steering Committee meets on the last Tuesday of every month at 7:30 pm. These meetings are usually open to the general membership. Anyone who is interested in

# SPECIAL THANKS TO THE SOLAR RAY ASSISTANT EDITORS

Karen DeCoster, Heather Hall, Jennifer Hill, Ken Lemieux, Helen Peters, Janet Schester, Pamela Schmelzer-Anzicek, Elizabeth Shaw, Ati Tislerics and Jennifer Tislerics.

# **MORE INFORMATION**

Please visit our website at www.solaroutdoors.org or attend one of our monthly meetings.

Farmington Hills, MI 48334 Visit our website at www.solaroutdoors.org