

### School for Outloon Leadinghip, Adventure & Recreation

### www.solaroutdoors.org

C3 DE03

When asked to describe their experience with SOLAR's Enjoying Michigan Winters, three recent students 12:100, 20:11, and 20:02) had this to say:

\* (1 1 \* (\* 14) \* (\* 18)

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#### 3 Men and a Quinzee. By Jean Johin

Imagine spending five days and four nights during late Lebruary in a quinzee (snow chelter) built in four feet of snow with three friends in Michigan's Coper Printesula, Sub-zero temperatures? Yes, Fleat? No. Running water? No. Does it sound like fun? Yes!—and it was also one of the most improvable and accenturous vacations I've ever had.

A year carrier, I would not have imagined that I would be taking a winter trip to the U.P. The toolc arose during the SOLAK Advanced Backpicking and Leadership (ABL) Class. In order to complete the class, a week long practical is required. Most of my ABL classmates were going to hike the

LaMaurinie trail in Quehec during October, but could not аслятрану i h é m because of -work conflict. [ h e proposed solution by



two of the ARL instructors, Mike Banks and Tom Hayes was for me to join them on a week long winter outing or February.

While I readily agreed to the trip, I had never done any winter backpacking before, and I needed to do my homework. To begin preparing, I enrolled in "Enjoying Michigan Winters" in December 2000.

With great instruction from SOLAR volunteer instructors, I learned how to stay outside in the winter and maintain a comfortable body temperature through food, water, clothing and activity level. Topics covered in the class include methods of layering (and de-layering) clothing to stay warm, selecting foods that provide maximum energy in colder temperatures, techniques for comfortable sleeping, instruction on how to construct a sled to carry your extra winter gear and how

to baild a quazee where you will sleep as soundly as a hibernating bear!

After the class ended, I felt fully prepared to go on my .rip to the Upper Peninsula with Mike Banks, Tom Hayes and Pat Murad

In the pristine snow of the 18,000 at m. Sylvania Wildemess Area in the Upper Peninsula, we set up a base camb. We constructed a four person quinzee, built a kitches area next to our fire pit, and even had shelves and sturage areas carved in the four feet of snow! We had made a snow condominium. The lest of nurtrip was spent.

enjoying the heavity and silence of winter in the wilderness as we hiked on snowshoes and explored the old growth forest, returning to our base camp each evening to cook dinner and build a campfire. We didn't see another person until five days later when we hiked back to our car.

Learning to be comfortable in winter conditions was an empowering experience. The memories I have from that trip are unricated. Not only did I have a great time with my friends, I barned new skills and now I don't have to question the season when a trip opportunity arises.

Whether you want to improve your backpacking skills, learn to enjoy the winter outcoors, or just have fun, enrolling in Enjoying Michigan Winters will provide you with your own unique winter experience!

#### My Experience with the Enjoying Michigan Winters Class. 3y Cindy Taylor

Look the Beginning Backpacking class in the fall of 2000. At the time, (did not have any backpacking experience. During the first night of our practical at Pictured Rocks, we experienced cold and windy weather with frequent bouts of sleet. Since this was a beginning class, Carol McCririe and the other instructors decided it would be best to bail out. on the second day of our three-day practical for safety's sake. That was my first experience. with "winter camping." I didn't particularly enjoy the experience; therefore, I was in no hurry to sign up for the Enjoying Michigan. Winters class that started a couple months later. At the time, I didn't think that class would be for me. By the following year, I had a little more backpacking experience under my belt and several SOLAR members encouraged me to take the Enjoying Michigan Winters class, so in 2001, I signed up for the class. Another reason I decided to this class is because I believe it's important to get out of your comfort zone

on occasion in order to achieve personal growth. I really wasn't expecting to enjoy it, but as it turns out. I had a blast!

In addition to everything we learned about winter camping, we also learned how to build

our own sled at a sledbuilding workshop held in Roger and taura lames' garage. At Pigoon River, we hiked in snowshoes, built a quinzee, told stories around the campfire, and laughed a lot. I also found there were some advantages to backpacking in the

winter such as not having to carry a backpack because we were able to use the sleds we made, we didn't have to stick to the usual backbacking food, and there were no bugs. The most memorable experience was waking up to a beautiful crisp winter morning, with clear blue skies and a fresh coat of snow on all of the trees along the Pigeon River. It was an experience that could never be re-created in a photograph.

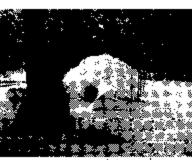
Of course, winter camping may not be for everyone, but I would recommend to anyone they at least take this class. They might be surprised at how much funithey can have while adding to their repertoire of outdoor skills.

### Hey, it gets cold in winter, so deal with it! Take SOLAR's Enjoying Mithigan Winters class! By Craig Kosmowski

We don't have to "hibernate" the chilly, dark months away. We can actually go outside and enjoy Michigan winters! With the help of SOLAR's skilled instructors, you'll learn all the basics of staying warm, dry, and comfortable in extreme weather. You'll unlock the secrets of the mighty calorie, learn proper hydration, and find out that the gear you use in summer may behave quite differently in winter. You'll use your own ingenuity to conquer the challenges presented by cold temperatures, and you'll probably have fun doing it.

Continued on Page 3





### BASIC MOUNTAINEERING CLASS

Have you ever wondered what it would be like to stand on the Summit of a Mountain? Or to even know what it takes to get there? Here is your chance to find out.

Starting in January through February 2004. I will be teaching the Basic Mountaineering and Safety Skills Class to 12 lucky students who are interested in devoting their time and energy to the sport of Mountaineering.

Basic Mountaineering Skills
Toe Axe Use
Health/Fitness Assues
Navigation
Sef Airest
Leadership
Prussik Ropes
Avalanche Issues

CCST \$100.00 flere's what you get:

Mountain safety
Fechnical Tool Usage
First Aid Issues
Knots/Weather
Glacter Crossing
Optional Mountain Trip
Mountaineering Books
Crampon Use
Climbing Issues

gear issue
Clothing
Crevasse Rescue
Environmental Ethics
Reading Material
Expedition Planning
Webbing
Alpine Rescue
Sted Skills

#### Top Notch Instruction From Top Notch Instructors

#### **PREREQUISITES**

#### MANDATORY

Basic Backpacking Land Navigation Winter Camping Red Cross First Aid CP3 Cartification

#### RECOMMENDED

Wilderness First Aid Rock Climbing Intermediate Backpacking Advanceo Backpacking Search and Besque Winter Survival

Spots are filling fast. Questionnaires will be distributed shortly. Interviews will begin in December.

Lou Szakal (248) 685-0367 or Everest2006@aol.com

### Backpacking trip to Guadalupe Mountains

Consider it as an invitation to summer. This spot of I Texas features warm weather, bright sun and blue sky. all seasons. Scenic view, well developed trails and I convenient camp sites are also guaranteed. Local I rangers do not expect a crowd at Christmas time, which is exceptional for southern states during winter holidays. Guadalupe Mountains include famous El-Capitan that oversees southern Texas and a bit of Mexico. Do not mistake it for a highest point of Texas. Guadalupe Peak, which is also there. Exceptional. airfare rate to San Antonio makes this trip inexpensive. About \$480 will cover everything. The adventure starts December 26th and lasts till January 2nd (timing still is flexible and depends on air tickets availability). Backpacking in Guada upes requires hiking about 8 miles a day. Maximum elevation gain: 1500 ft. The sun inclination and local relief give about 11 hours of light | time. The campsites are rather primitive. The weight | of your backpack should not exceed 32 pounds. Complete information about Guadalupe Mountains

http://gorp.away.com/gorp/resource/U\$\_National\_Park/ (x\_gooda.HTM

http://www.terragalleria.com/parks/np.goadalupemountains.html

http://www.thebackpacker.com/trails/tx/trail\_22.php

http://www.guadalupe.mountains.national-park.com/hike.htm

http://www.uwsp.edu/geo/faculty/heywood/GEO393wtx/ 393WTXGuadMtn.htm

To sign up or if you have any questions contact Grey at greyofk@angelfire.com

### From the SOLAR Program Director

By Lau Szakul

#### **Upcoming SOLAR Program Schedule**

Please note:

all programs will take place at Colony Hall immediately following the SOLAR Business meeting

#### **DECEMBER PROGRAM**

Annual Holiday Party

SOLAR will provide Subs, soft drinks and a DJ.
Fellow SOLARites are asked to bring a dish (salad, desserts e.e.).
More information published in this months Ray.

### JANUARY PROGRAM

Annual Photo Contest.

Get your pictures ready for this yearly event. Complete rules are published in this months Ray.

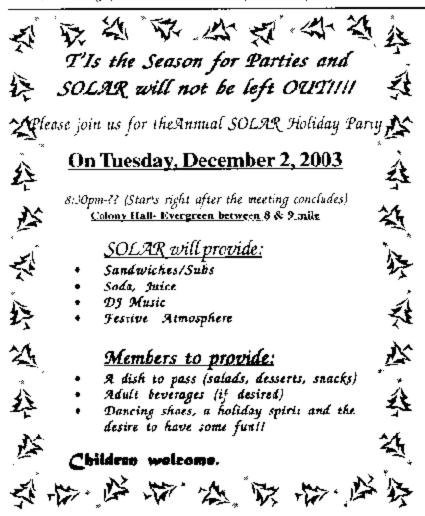
#### FEBRUARY PROGRAM

Wonderland Trail Presentation
"The Trek around Rainier"
By: The Wonderkinder group

#### UPCOMING PROGRAMS

March: Michigan's Birds of Prey/Michigan United Conservation Clubs April: Bugs and Insects/Eugs on Wheels May: S.O.L.A.R. Sucring Committee Elections June: Buts/Organization for Bat Conservation Although I had done a bit of winter camping previously. I never had any formal training. Most of what I knew was learned through trial and error, and believe me, there were plenty of errors! (Not the least of which was an up-close and all too personal encounter with hypothermal.) This class provided an effective method to develop the skills necessary for me to tackle the special challenges of cold weather backpacking. It can do the same for you. It is loaded with information to keep you safe and cozy when the mercury takes a nose dive.

So why should you take this class? The answers are as varied and unique as you are as an individual. Perhaps it's because you want to increase your self-confidence. Maybe you want to feel the sense of accomplishment that comes from achieving something unknown. Or perhaps by being able to see things in a relaxed, intimate way, you seek a greater sense of the unique beauty of the natural world in winter. Whatever the reason, I encourage you to take this class. Let your soul experience the sublime wonder that is Michigan in winter.





### Old Friends by Carol McCririe

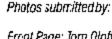
Ran into an old friend of SQLAR at Pictured Rocks this year. Many of you will remember Mike Neiger who used to be a SQLAR Member until he moved back to the Upper Peninsula where he grew up. He's retired from the State Police now and is running types for The Central Upper Peninsula Chapter of the Sierra Club. Visit his Web site at

http://theirocksack.thpod.com/



Photos submitted by:

This Page: Left and Right: Brian & Amy Irving



Front Page: Torn Oloffo, Brian & Amy Irving

Page 4: Karl Overheul

Page 9/Calendar: Tom Hayes, Search and Resour Class MORE photos shown in Jan.2004 HAY ISSUE.

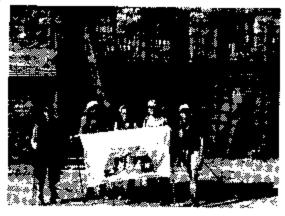
Page 10: Top: Roxanne Joarin, Korin, Michal and Judy at the end of the trip Bottom: Joann, Roxann, Michal and Judy on the beach



### Cult Members Caught in Confingration! September 5, 2003

Five members of a cultinamed SOEAR met at Two Medicine campground in Glacier National park to begin a 6-day pilgrimage to the Holy Mountains. The group was originally going to the area known as Martha's Basin to engage in various pagan rituals such as

" pile a i/ bagging" and in nincla i saldriffice (also known ar eating...) Little did they known rathey were about to embark on a journey lief frustration instead... Karl Overheul (a high priest

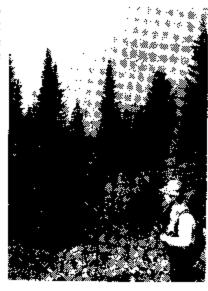


in the cult) had this to say: "When I left Detroit on July 31", it sounded like the fires were under control. How could! know that Glacier was about to have a line season to rival the Yollowstone fives of 1998?".

When time came to begin the journey, the forest gods (also know as the National Park Service) said that our route was blocked by a firestorm... Being faithful believers, the cult members prayed to the forest gods and came up with another route. One day of traveling went by with many trials for the group, but they made it to camp. That hight, the fires on the other side of the ridge raised the nighttime temperature from

65° to 80° and made the sky glowned. The next day they set off for a 7 mile hike, but were turned back by St. Patrick ithe smoke jumper) who came down from the sky to save them. It seems the firestorm had come back down the valley and was consuming their campsite at that very moment. This caused a 6 ½ mile return trip for a total of 10 mile that day (and Jinne at 10 00).

The cult members then decided to give up on Martha's Basin and visit some of the other holy sites in the area. They proceeded across Going to the Sun Foad to go and commune



with the goals and sheep (and see some stunning scenery) and fate granted them an easterly wind that deared the sky. This restored their faith, so they set out to climo Mt. Okatorni where again they faced smoke and Karl broke the Scepter of Gabel (a frekking pole) during a steep descent down a scree slope. The next day they began their trek along the Highline trail to the monastery (chalet) at Grantie Park. The smoke was thick, but the pignins pushed on and spent the evening feasting on smoked salmor and watching the fires in the dark. The following day they descended from Swiftcurren; Pass to the Temple of Marry Glacier (the Lodge) where they imbibed the Holy water (a.k. a. Morse Droot!).

The trip concluded with some side hikes to receler quake and Triple Divide pass, after which the group headed home to Southfield, Michigan.

### SOLAR Club Fall Beginning Backpack Class of 2003

When the days get noticeably shorter, the trees become splashed with color and you start to feel a cool bite to the evenings, you know it is time for the Fall Backpack Class. During September and October, Carol McCririe and her team of 9 experienced instructors, taught 18 willing and eager students a broad range of outdoor subjects and skills. These lessons took place over 5, 3-hour classroom sessions and a weekend practical, each, at Pinckney Recreation Area and Pictured Rocks, near Munising, M.

Among the subjects covered were such topics as fitting and choosing the perfect backpack, footwear and clothing, finding the right tent, sleeping bag, camp mattress, water filter, stove, filtering water, planning it cocking meals, bear bagging, trail safety and etiquette, first aide, bygione, survivat, group dynamics and many others. Despite the dire predications of our local weathermen, for show and cold weather, 5 teams of students made plans to backpack the scenic shoreline of Southern Lake Superior, through The Pictured Rocks National Lakeshore.

This 3-day trip was designed to test the students' self-sufficiency, equipment and newly acquired knowledge and skills within the context of a wild backpack setting. Each group of students had to plan the trip, independent of the other groups, to ensure they would be able to function as their own autonomous expedition, even though they would be backpacking with the entire class and their instructor/observers. The second, and final, practical was scheduled for the long weekend of October 4th, 5th and 6th (Friday through Sunday).

Students and instructors drove to Munising Thursday night, and began backpacking Friday morning. We had seen snow on the ground as far south as Gaylord. This weekend might push the limits of the student's resolve and put their attitudes to the test! Even though it rained hard all night long, by the time we got to the trailhead, got cars spotted and started hiking, the rain had stopped. We had about a 4-mile, rugged hike, from our start point at Little Beaver into the first campground, at Coves. We passed craggy rock formations, caves weathered out of the solid rock, scenic little streams stained with tannin and fern-lined stands of birch and cypross trees.

It was quite warm in the woods, but when we reached the shoreline, we got blasted by the howling winds, gusting to about 45 miles per hour, and heard the booming of the lake as it crashed against the rocky shore. When we got to camp, the teams immediately got to work, putting their tents up, filtering water, hanging their parawings, gathering wood for the fire and cooking dinner. We got a roaring fire going and settled in to rolax and enjoy our woodland setting, before turning in.

The students faced a long day, Saturday—8 mites—mostly along the continuous cliff, fronting the lake. We started the day in high spirits, because everyone knew this day would treat us to the kind of spectacular scenery for which Pictured Focks is known! We happily met up with 6 people, who couldn't make it in, the day before, at the hatfway point—thapel Rock. We stopped and had lunch, at the Chapel Beach Campground, with our new arrivals, while several of us made the 3-mile round trip to visit Chapel Falls. Chapel Falls is a beautiful, silvery, tumbling cascade that is really worth the effort to go see!

We still had along way to go before we reached our camb at Mosquito Beach. Everywhere we tooked we saw immense sand dunes, waterfalls, streams and those massive rocky cliffs. The wind was whipping, the waves were crashing and we were being pelted by spray, at times, but the rain held off. Many tired but happy people were relieved, when we finally reached the group campground at Mosquito. We set up camp and went to filter water. It turned into mass team effort like I have never seen before, with one person dipping water from the river and multiple people filtering from the bucket. The whole process developed a rhythm and choreography of its own!

### Winter Outdoor Safety Class

This are day class will prepare novice cross-country skiers and winter hikers for their day trips. Topics include winter hozards, heat management, clothing, hydrotion, nutrition, hypothermia and frostbile, trip planning and basic trail naviaation.

This class will be held on Saturday, January 10, 2004, 9 AM to 6 PM. The fee is \$15.

There is no prerequisite for this course. The registration deadline is the January general meeting. More information about the course location and materials will be provided upon sign-up.

For additional information, please contact;
Lynn Dubay: Idubay@csc.com
Michelle Ganske: boundarymoon@famvid.com
Joan Tobin: BelleJT@aol.com

### ANYONE INTERESTED IN DOG SLEDDING?

Start Plannies your winter getswars, For those who are looking forward to this season's dog sled trip it is time to plan for it and sign up!

For these who think this idea is crary enough to try, John us on this famiastic adventure. The dog sled trip will be taking place in South River, Untario the weekend of February 20-22, 2004.

Sign-upe will start at the Solar Club Meeting staring in Movember, last chance to sign up will be at the February meeting in the year of 2004. (Or, when all saets are sold)



For more information sook Karen Bates at the SOLAN Club meetings or (-mai) at: [ady\_musher@yahoo.com

Karen

Fall Beginning Backpack Class....continued from page 4

We only had a 3-mile hike cut the next, and final, day to the Fotato Patch exit point, and the time went quickly. The students learned much about backpacking, during this trip, but more importantly, they learned a lot about themselves. I can't wait for the following graduates to lead their own trips, for SCLAR, so I can go with them!

Wayne Wheatley Chris Blunt Ronald Young Vera Morris Amy Wagoner Judy Petrella Bob Mundt Michael Douglas Ted Kosik Mary Short Claudette Benser Hope Ponsart Tom Ponsart Dave Sweeton Rodney Gregg

Andrew Stoiko Stefanie Kulpe Kate Stratton

We would like to extend a special "THANK YOU" to Ted Kossk and the JFK Investments Company for generously allowing us the use of their conference room facility, in Bingham Farms! Your kindness helped make the class possible!

Thanks Carol, and instructors, for a great class!

- Gene Cordova

### SOLAR Cross Country Ski Class

SOLAR will be putting on its Cross Country Ski Class, on Sunday, February 1, 2004. Are you fired of being cooped up in the house from December through March? Would you like to get out and see the beautiful, snow-covered landscape, and learn to enjoy the Michigan Winter? Have you always wanted to try cross-country skiing, but just haven't had the opportunity to learn? Were you afruid, because you were not sure how safe, or good, the trails and the instruction were going to be? Maybe you are already a "shuffler" and just want to improve your technique.

If any of these scenarios describe your situation, come out and join us at one of the premiere cross-country skiing venues in the Lower Peninsula—Cross Country Ski Headquarters, in Roscommon, MI. Gene Cordova, along with our Cross Country Ski Headquarters hosts, Bob and Lynne Frye, welcome all to come out and have a great day on the beautifully groomed trails. Although any skill level could probably benefit from these iessons, we are targeting those in the "beginner" to "intermediate" categories.

Jim Bradley, a well known X-C ski instructor from Mount Pleasant along with Leslie Cordova and Karen Bates, will be giving the personalized instruction, depending on class size. After you master your new skills, we will be going out on the trails to convert all of our new found knowledge into FUN. So, if you still cannot get enough instruction, Gene will provide "on-trail" coaching and answer any questions you may have. X-C Ski Headquarters offers several bop trails that are railored to the beginning and intermediate skier. I hope some of you more advanced skiers will meet us out on the trails. SEE YOU THERE TEINK SNOW! Hot beverages will be provided!

Trip Limits: 6 students minimum and 20 student maximum (3 instructors)

Costs: 4 hour lesson, with skiing afterwards (for 6 to 20 students, the cost is \$17.00 per student)

Equipment Rental-

There is a \$10.00 rental fee for skis, boots and poles (4 hours), which includes a trail pass. There is a full-day remail which is \$14.00, and includes everything in the 4-hour rental. If you provide your own skis, boots and poles the trail pass is \$5.00. (skis, boots or poles can be rented, individually, if you only need one or 2 of the items)

- Leslie & Gene Cordova (lesliegene@aol.com)



### LET IT SNOW, LET IT SNOW, LET IT SNOW

Join SOLAR members and friends January 16-18 for a weekend of wirter fun in the Boyre area. We will be staying at Boyne Valley Lodge Friday and Saturday right. There will be ample apportunities to ski downhill or cross country, go tubing or snow shoeing. The ledge is located west of US 131 Let 7 miles north of Boyne Mountain. Rooms have 2 or 3 sets of bunk beds and a private bath. Saturday breakfast and dinner and Sunday breakfast are provided along with liners. Just bring your snew toys, snacks, bathing suit and towel for the heated gool which is open on Saturday. There is also a large lounge with a fireplace and a game room. This kid friendly trip is still open. The cost is \$80 with a \$40 dollar deposit due by the December meeting. YUP, THE TRIP IS OPEN FOR MORE SIGN UPS! SW passes and trail fees are extra. Contact Mary Durn for more information. 248-585-9954.



### 2004 ANNUAL PHOTO CONTEST

It's that time of year again when all of you amateur photographers can bear about your trips and show off your stuff. Grab your photos from 2003 and enter them into this year's photo contest.

We have added several new eategories this year,

- Digitally enhanced. If you after your photo in any way on your computer or splice neveral photo's together you can only enter them in the "Digitally Enhanced" entegery. Coopping is the only exception.
- The Digitally Enlaunced category will have two sub-entegories: Scancry and other,
- The Nan-SOLAR category will now have three sub-categories: Scenery, Plants/Animals, and People/Lumor.
- Protos must have been taken between January 1, 2003 and December 31, 2003. Standard photos must be no larger than 8"x10" and parameter in larger than 8"x18"
- Paotos until be matted with matt size to larger than 11"x14" on standard photos and 11"x21" on panoranne diotos.
  - Photos must have been taken by the person entering t
- Photos must be taken at a SOLAR event unless entered in the non-SOLAR category.
- Official Rules Only one photo cotry per person per category and only ten entries per person overall are allowed. Prizes will be awarded to the first place winner in each category and the overall Grand Prize Winner.
  - Photos will be world on by SOLAN members who attend the January meeting and winners will be announced that evening
- Scenery
- Hunor Proble
- Digitally Enhanced Scenery
- Non-Solar Paints/Animals

- Anticials
- Black and White
- Digitally Enhanced Other :
- No i-Solar People/Humor.

Parite

- Non-Solar See sory
- Best Overall

FOR MORE INFORMATION ON THE RULES, E-MAIL: EVEREST2000@AOL.COM

### Winter Backpacking/Enjoying Michigan Winters

Winter backpacking skill is not just for the winter, it is a useful back-up for the unexpected cold days in early spring and late fall. In this class we'll teach you: See Photos

- Thre out this How to keep flagers and toes warm & energy levels high whileskiing or snow shoeing in the winter
- Build a snow sheker just in case something does go HORRIBLY WRONG on that simple 3 hr. ski trip
- The "ins and outs" of winter camping in Michigan
- You can also use these skills in the summer on glaciers and snowy peaks in the Rockies, Cascades, Alaska, or Kilimanjaro.

The classes will be held December 4 & 11, January 8, 15, 22 and 29 and practicals will be held January 23-24 & February 6-8. The cost is \$100.00 for new students and reduced fee for past graduates. Pick up details at the monthly meeting. This course is open to the graduates of the Backpacking Course (graduates of non-SOLAR backpacking courses may be admitted by special permission only). This course is the prerequisite for the Winter Survival Course. For safety reasons, the Wilderness Flist Ald Course is highly recommended. With the recent warm winters keep your fingers crossed & pray for snow. To sign up or if you have any questions contact: TOM OLOFFO (313)-386-0057 memountainman@yahoo.com

### WHAT IS THE CARTER CAVES CRAWL-A-THON??

By Gene Cordova

### CAVING AND/OR HIKING IN KENTUCKY JANUARY 23 - 25, 2004

The end of the holiday season marks the beginning of the annual SOLAR caving season. Yes, once the Thanksgiving turkey has been picked clean and the Christmas decorations have been taken cown, and put away for another year, comes the time that all good covers pull out their coveral is, helmets, headlamps, boots, pads and gloves, in anticipation of the Carter Caves Crawlathon!

This annual event takes place in Carter Caves State Park, outside of Olive Hills, Kentucky, during the last weekend in January. This will be SOLAR's 2<sup>th</sup> year to participate, and in the last 5 years, or so, we have had the largest contingent of cavers of any single group. This large turnout also requires

that we book around half of the available lodge rooms!

Last year, over 600 cavers, from all over the country, congregated in this great park, near the West Virginia border. We go there, because this event is among the best opportunities, in the world, to explore the subterranean world. You begin to recognize many of the same people attending year after year, and friendships are developed with cavers from far and wide. Let me tell you some other reasons this is an unpeatable Adventure Value.

First, for \$75 you receive 2 days of guided caving, a place to sleep in the park lodge and a Crawlathon commismorative T-shirt. We stay right on the park property, in nice, comfortable rooms, in the center of all the activity. You cannot beat the convenience! SQLAR must book these rooms 3 years in advance to enjoy this benefit! Other groups must trave from up to 30 miles away to find a hotel room and then they must hang around all day in the lodge common room. We pop in and out of our rooms at our convenience and leisure! Do you want to rest, get a bite to eat, or clean up a little between trips? We can do that.

Another reason this is such a wooderful event is, the availability of caves. There are many, very nice caves on the park preperty, and in addition, private cave owners generously allow the Park Service access to their properties (which are otherwise off limits), just this one time a year! The park even provides transportation to end from several of the caves, in their late model, heated vans. Many caves are near the lodge and you can take your own transportation, or arrange car pooling with others going on the same trips.

The third reason for the event's popularity is the sheer variety of caves. There are beautiful caves for talks that just want to walk through them, without

even getting dirty. There are caves, which require a nice feel for different caving skills, in a fairly relaxed the most adventurous among us, with long, tight crawls, rupe work if you so besite or cannot to some fairly

Fourth, all the trips will educate you as to the different good information on why caves are very important know the difference, between a statactite, stalagmite, first hand. The sheer beauty and size of some of these

Reason number 5 you say you don't feel up to and science of caves? The "park" provides programs You, and your children, can spend an entire day doing activities, in the warmth and comfort of the lodge! Come small amount of crawling and climbing, and offer a atmosphere. There are also caves that will challenge climbs and water hazards. You can even test your inaccessible caves!

features and structures of a cavo. You wilf also receive habitats for some unique creatures. Do you want to simplone damand a column? Come see the difference caves is amazing!

caying, but still want to learn about the sport of caying and activities for young and old, adult and child, alike, but crafts, writing cave poetry and doing other fun and find out what caves and caving are truly about,

and prepare to have some old myths shattered and popular beliefs debunked! There are also some great hiking trails in the park, leading to geologic features such as a box carryon, a natural bridge and other gorgeous scenery!

The sixth and most important reason this event is so popular a it is very safe. All our guides are volunteers. These folks, many of them have spent a lifetime caving. They represent an accumulated treasure trove of cave knowledge and experience. They absolutely love what they are doing and enjoy sharing their enthusiasm with others! Some of them have laught the subject in colleges and universities. Each learn has an excellent understanding of the geology and the history of the caves, in which they are guiding. They also have first aide. CPR or even Wilderness First Responder training. They want you to have a great time, and do their best to make you love caving as much as they do!

There are four basic levels of difficulty, in which the caves are categorized. This allows you to match your skills and abilities to the challenges of any particular cave. Level 1's are walk-through tours. These require no special equicment, and can even be done by small children in regular street dothes. Level 2's allow you to do some limited climbing and crawling, with some tight spaces, and you may even get a bit wet and muddy. These are very popular with many of the older kids. On Level 3's you may experience long, tight crawls, canyoning and rock climbing, which require a keen sense of adventure (you will get wet and muddy). Level 4's require either rope work, or canoeing and climbing in search of caves, many of which are wet! You get trp descriptions and you choose what you want to try!

By the way, you also have the unbeatable benefit of having fellow SOLAR members who can tell you what to expect. Some SOLAR members know these caves almost as well as the guides. Oh, I forgot to mention that SOLAR has much of the gear necessary to do this. The club has many helmets and a limited number of kneepads and headtamps? By the way, the caves stay a constant 55-58 degrees, so it is actually quite comfortable in them, even in the middle of winter!

So come and see testic Cordova at the December meeting, to find out even more and sign up!

The basic plan is to drive down to the park on Friday (about a 7-hour drive) and stay right at the Carter Caves Lodge. I have a limited number of rooms reserved, once they are filled; the nearest lodging is 10–15 miles away. The cost for 2 nights lodging is \$45 per adult and \$25 per child 16 and under, payable to SOLAR. Since this trip will fill up, only payments in full will be accepted to hold your spot.

You will need to download the Crawl-a-thon entry and release forms yourself from <u>www.crawlathon.com</u>, or call the park at (60¢) 286-4411. Generally the forms are not available until mid December. You will need to send in both forms yourself along with a check for \$30 to Carter Caves. Your \$30 includes 2 days of guided caving and a T-shirt from the event. Please do not delay as the trips fill up quickly.

See me at the meeting for a fisting of equipment you may need. SOLAR has helicets, knee and elbow pads (limited) and headlamps (limited) that you may borrow. A refundable deposit is required. I do not have enough equipment for everyone, so you will need to reserve in advance. To be fair, those who have not been on SOLAR caving trips previously will get first dibs on pads and headlamps.

Need more into contact Lestis Cordova at (248) 547-5526 or LestieGene@aot.com.



### SOLAR Winter Survival Class

How many stories have you read in the news this year about outdoor deaths or escapes?

The lost youth from Northern Michigan, or the guy who amputated his own arm. Would you know how to get out of such a situation? Better yet do you know how to avoid these challenges? The winter survivar class will cover the skills and preparations you need to avoid or survive emergencies. Modern equipment as well as primitive skills wil, be demonstrated in a survival context.

This is not and easy class! It is very rewarding! The lessons learned here will change your outlook on every outdoor excursion. It also has applications to everyday life. We will use a simulated winter survival situation to bring together the various skills you have brought to this class, as well as those learned during the class. It is intended to make you aware of the dangers you may face in the outdoors. How planning and education can mitigate unforeseen events and/or lapses in judgment. Give you the physical and mental skills needed to face unexpected challerges on the trail.

A Partial list of the topics we are going to cover and practice.

Leadership Decision making Prioritizing

Trip Planning

Or,enteering

Shelter Construction Fire Building

Sustenance acquistion Improve your 10 essentials Rone and Knot Skills

Cost \$100

Classroom Sessions Feb. 12,19,26 Mar. 4 Location TBD. Practical Events Feb. 22 Mar. 5-7. Location; A park nearby.

Prerequisites

Enjoying Michigan Winters Without Leaving the State.
Wilderness First Aid (Strongly Suggested)
Search and Rescue (Strongly Suggested)

I will require 14 Paid students to start this class. Limit 20 students.

Douglas Lanyk 1054 | Tamryo Blvd. • Helly, MI 48442 248-634-455 | dslanyk@ear;hlink.net

### **SOLAR RAY ARTICLE DEADLINE DATES**

Please send all articles and photos not later than the dates given below for consideration:

### JANUARY 2004 ISSUE - DEC. 12TH FEBRUARY 2004 ISSUE - JAN. 9TH

Stacie Kitchen

239 E. 12 Mile Rd., Apt 17 • Royal Oak, MI 48073 Emai : skitchen@wowway.com • 586-212-2335

albinlau@msu.edu • 586-524-3077





Photos submitted by:

Left and Right Photos. Kevin Cotter and Gene & Lestie Cordova Irom the Intermediate Backpacking Chass

Above Right Photo: Kevin Cotter, field maimaining a therapist. See article in this issue.



## SOLAR DECEMBER 2003 CALENDAR School For Outdoor Leadership, Adventure & Recreation

\$	THES	GENERAL MEETING	COLONY HALL	Tem Oloffo	memoratalana@94hoosom
	Program	: Annual SOLAR Holiday Party		i,os Szakel	cveres@0004@eq.Lcom
14	SJIN	CHRISTMAS CAROLING** Botalo	ard Cont. Care, Farmington	Malagret Martin	r-mplascal1@cs.com
Dec. 26-Jan. 1	2 MULTI	BACKPACKING (	Suadalupe Nati Park TX	Grey Warrov	preyc#i <b>®a</b> ngehre.ccm
DECEMB		ses			
4,11	THUR	WINTER BACKPACKING CLASS	EMS Farmington	Tan Olaffo	nemountainman@yahoo.com
JANUAR	<u>Y ACTIVI</u>	TIES			
6	THES	GENERAL MEETING	COLONY HALL	Tom Claffe	исиотыналы («такоссы»
!	Progran	e: Annual SOLAR Photo Contest		Los Stakel	rveres 2006@nol.com
51-31	WKND	XG & DOWNHILL SKING, ETC.	Boyre Valley Looge, M	Mary Duiki	248-585-9954
23-25	WKND	CRAWLATHON- Carter Caves	Olive Hill, KY	Leslie Cordova	esliegene Wab-com
JANUAR	Y CLASS	<u> </u>			
0.15.22,29	THUN	WINTER BACKPACKING CLASS	EMS Farmington	Ton Cloth	memorinia din 84 🛱 yahite 1917
7,14,21,28	WED	BASIC MOUNTAINEFFING CLASS	Galyans, Novi	Lou Szakil	evered2006€ablicani
10	SAT	WINTER SAFETY CLASS	Island Lake	Joan Tobin	beliaji@avi.com
25-24	WKND	WINTER BACKPACKING PRACTICAL 1	Waterloo State Park	Tạn Olaffo	memountainman@yahoo.com
FEBRUAL	RY ACT(	TTIES			
. J	THE5	GENERAL MEETING	COLONY HALL	You Olefe	жиновимінная @уайос.coж
	Program	e: Wooderland Trail by the Wunder	kinds	Lou Stakel	everesticos@acLoom
1	SÚN	SUPER BOWL PARTY	DeFrance's	Mge DeFiance	unoegefrance@apl.com
16-Oct	Myll TI	X COUNTRY SKING	Lillahamer Norway	Mary Dunn	248-565-9954
20-22	WKND	DOG SLEDDING	South River, Ontario	Karen Bare <del>s</del>	lady_masher@yahoc coni
20-22	WKND	WINTER OUTING- DEFRANCE CABIN		Moe DeFiance	mgedefrance@agl.com
20-22	WKND	XC SKIING, SNOW SHOEING, ETC	Hartwick Anes, Grayling	Maria Edwards	maria.∋dwards@eds.com
FEBRUA	RY CLAS	<u>5E3</u>			
1	SUN	CROSS COUNTRY SKING CLASS	Rascommon, MI	Gene Cordova	lesliegene@anl.com
8-jun	CNYM	WINTER BACKPACKING PRACTICAL 2	Pigeon River	Tani Olofo	നന്നു,ntainnan @yahod.ciin
4, 18	WED	BASIC MOUNTAINEERING CLASS	Galyans, Novi	Lou Szakai	everesE2006@aoL66m
7	SAT	BASIC MOUNTAINEERING PRACTICAL 1	<b>18</b> D	Lou Szakal	everes/2006@abi.com
12, 19, 26	THUR	WINTER SURVIVAL CLASS	TBD	Doug Laryk	dslanyx <b>%</b> earhlink.net
22	SAT	WINTER SURVIVAL PRACTICAL1	TBD	Doug Laryk	dslanyk <b>ő</b> con <b>hi</b> nk net
27-29	WKND	BASIC MOUNTAINEERING PRACTICAL 2	TBC	Lou Szakel	everest2006@aol.com
FUTURE	ACTIVIT	ESIGLASSES		·	
March	Various	WINTER SI RVIVAL CLASS (4) & PRACTICAL (	<b>5-</b> 7)	Doug Laryk	dslanyk@earthlink.ret
April 2-4	WKND	WHITE WATER RAFTING**	New River, WV	Lgurg Altin	aftinlau@msu.com
April 10-16	MULTI	DIVING/SALING	වින්තාන	सिद्धुः। Janes	rogerjames@quantum\rainng.com
1-May	SAT	COUNTRY HOEDOWN**	Milford	Mos DeFrance	moedefrance@act.com
WEEKLY	EVENTS				
MONDAYS		WALLEY BALL"	Westand	Chip Kleinerook	mmhip1234@aol.com
THURSDAYS	3	ROCK CLIMBING**	Planet Rock Posted	Michelle Delaporte	1azspaz 2 @hatmail.com
SALOR SUN	ı	HIKING**	Locators Very	Paggle Hayes	586-778-3589

BOLAR HAB A NO-REFUND POLICY. IF YOU ARE UNABLE TO ATTEND AN ACTIVITY YOU MAY "RELL YOUR SPOT TO ANOTHER CLUB MEMBER.

\*\*Denotes Non-Salar Activity (Solar will not be held responsible for these activities).







#### Nordhouse Dunes Backpacking Trip November 7-9

Nordhouse Dunck Wilderness Area, located on Lake Michigan be tween Ludington and Manistee, is the only federally designated wil-

domess area in the Lower Peninsula. It includes over four miles of sandy beach. sand dures, and woods.

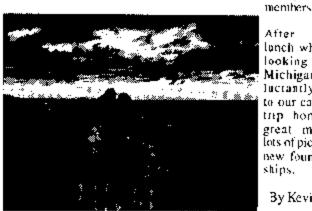
Five Solarites set off to explore this: gem on Friday, November around 6 PM. About a half hour. from nur destina. 🛍



tion, Roxann made a comment about the white bugs that were flying in front of the car. I noticed that these "bugs" melled as soon as they hit the windshield. Sure enough, the temperatures were dropping and we were encountering lake effect snow. We arrived at the Lake Michigan Recreation Area campground about H FM, and cuickly set up our tents in the ambience of car headlights and a steady snow. We then feasted on wine and honey rousted peanuts while enjoying the snowfall and each others' company. Around 2 AM, we headed off to bed, struggling to veep warm on a night when the temperature dropped

Saturday morning, we loaced our backpacks and headed south into-Nordhouse Dimes. The snow continued to fall and now covered the ground, making for some teally pretty scenery. We biked along a ridge at the back end of the wilderness area, away from the take and the wind. After about 3 1/2 miles, we found a grove of cedar trees with a great view of Lake Michigan, where we set it; camp. By that thre it had storped snowing and the skies began to clear. To celebrate, Michal list us in a group cheer she learned growing up in Israel. We enjoyed not soup and a beautiful Lake Michigan sunset, followed by a potato-tima-onion appetizer and a chicken curry dinner. After dark, Joann started a campfire using wood that Judy had gathered. Their efforts were greatly appreciated as it was getting very cold again. We marvelee at the lunar eclipse; the full moon had turned into a dark rusty disk. After crawling into our tents, Joann and Roxann perfected the MacGityver method of keeping warm: tuck everything you can find or borrow between yourself and your sleeping bag. Their method was definitely effective; they both kept worm despite a record low temperature of 12 that night,

Sunday morning we enjoyed coffee while watching the moon over the big water. After bleakfast we packed up and headed back along the usign next to the beach, giving us a view of Lake Michigan all the way back to the campground where we left our cars. On the way we spotted a small but mace of sticks and branches, complete with a roof and a door. We wondered if it might have been left by some Solar



enjoying lunch while overlooking Lake Michigan, we reluctantly headed to our cars for the trip home, with great memories, lots of pictures, and new found friendships,

By Kevin Cotter

### The Haute Route Hut-to-Hut Trekking Trip/August 2004

By Lou Szakel & Pam Richl-Szakal

The Haute Route, "The High Route" between Chamonix, France and Zermatt, Switzerland is "The Mother" of all Hutto-Hut alpine traverses. From Western Europe's highest Massif, Mont Blant (4807 m/15770ft.) to the Matterborn (4477 m/14687ft.), our route leads along some of the most exciting mountain scenery to be found anywhere. Contrasting the huge glaciers and rugged peaks are beautiful valleys with steep high pasture farms and quaint mountain villages. This is a recipe for a visual feast. A gournet estravagama of seemic wonders from the first day through the last and each one, a course that both satisfies and teases the palate for more. The highest point of the trip is the summit of the Lete Blanche at \$800m (12500 ft). After spending two weeks high in the mountains, walking down Zermatt's bustling mair, street will feel like returning into a different world

We will lodge in remotely and spectacularly located Huts, Hostels, Ims, Dormitories, and Hotels. The food is good and plentiful, the accommodations clean. The lodging in the valleys will be mostly family-run hotels in single or double bed rooms with excellent multi-course dinners certain to feature the regional cuisine and wines

Strenuous Alpine Trekking. Although this 125 mile trail with its 40,000+ fret of elevation gain and loss is not rechnically difficult, it may require up to 9 hours of hiking in a single day reaching altitudes of 19,500 ft with single day elevation gains of over 5000 ft. The good news... we carry only a 20-25 ft. daypack. You must allow 2 ½ - 3 weeks for this trip.

This is an interest sign-up only. Sometime in March of 2004, we will have a group meeting to discuss logistics, costs and formalize the trivel dates as well as decide who is truly capable and conditioned to make this trip.

#### News Flash:

October 26, 2003 it had been two day's since family mem. bers had last seen Michael O'Duire. The family was concorned because he is a diabetic. Mr. O'Duire had been niking in the backcountry of D-A Scout ranch and had not reported in. The weather was cool with a possibility of rain in the forecast. An organization called SOLAR hacorganized a search and rescue team to find Mr. O' Doire A Command post was established at Beaver Creek, and our crews were sent out to search the area. After four hours of extensive searching Mr. C'Duire was found. He was confused and disprientated and had suffered a broken right arm. They were able to stabilize (HoneyBear) and transport him to safety. Another successful mission for the SOLAR SAR team.

Another great class with the help of Reggie Hayes, Gene-& Leshe Cordova, and Lester Mok. We ran 24 students through a rigocous class of lecture and activities. They had three day's of class time and a weekend practical. During the weekend practical the students were able to hone their skill's with a night exercise, which included a lost little boy (little Tommy Duffus). Then a major exer- p eise on Sunday putting everything together and making it work, finding Michael O'Duire (Mike Banks). A written exam was given and everyone passed with flying colors. As with a lot of SOLAR activity, we had the SOLAR potluck for Saturday Night. A good time was had by all.

### RED RIVER GORGE - ous

Intermediate Bankpacking combines the lessors of the "Trip Planning Seminar" with the development and execution of an actual backpacking trip. This year's class coliminated in a four-day trip in Kentucky's Red River Gorge Geological Area. The participants were two instructors ICarol McCrime and testie Condoval and two students (Kevin Corter and Dick Ebenhoe).

Webegan our tripby meeting on the evening of Wednesday October 15<sup>th</sup> for a "quick" inde to the Days lim at Winchester KY, I really don't know why Lesie calls mail Lead-1601 Louis (). After a good night's sleep two awards and warm surmy Thursday, a perfect day for histing. We so ted group goar, had breaklast and headed for the "Pinch-em-Tight" Traithead.

The trail followed a ridge throughpine and hardwood stands. We sommoticed an unusual tree withhoge leaves. Various likers we met during the trip called them "umbrella trees" in "elephant ears". Losle immediately began collecting leaves to take home. Two college-aged young menhad some leaves tocked in their behs and dubbed them "bin-cloth trees". We later learned they were Pawa-Pawa trees.

We also had our first interesting wildlife encounterhere. Lestic leap back shoulding "anoke?". I've oliveys becampered in snaker and hurried furward asking, "what enter is it?" I was hoping to perhaps see a copperhead or timber ratule; not we to the area. It was hard to avoid a collision with Lestin who was moving just as fast in the other direction.

li was only a garter snake.

After hiking about two must and crossing a sandstone outcropping we came to the uptly named "Rough Trail" where we encountered our first of many bough "up and down" trail sections. Throughout the going area elevations range from 1.300" along the ridges to 800" at the bottom of the going. I am not one who keeps track of total sevation change, but take my word for it, we had plenty. We hiked off of Princh-em-Tight Ridge down a section called "Puro Misery Hill to the ravine bottom. There were interesting rook formations and overlooks and the sound of water or "Chrimney Top Creek" that paralleled the trail. Soon we carre to the first of many stream crossings that tested our bataneous ability on various should be suited.

After having hiked another coupe of miles, we reached our planned stopping area and pitched our lents. We then day-liked up the "Shelflowee Trace" to see a suspension bridge on the trail across the Red River. It was along this trail that we encountered a second unusual type of vegetation. I noticed what appeared to be bamboo growing in a westend area along the first and commented on it to the others. None of us know that bamboo occurred naturally in this area. I later termed it is a native variety of bamboo called "River Cane". These will be more about this interesting plant later.

Oay one of our trip ended with a celticious dinner of chicken tecos complete with fresh let ture and cheese, rollowed by a eachire game around the campfire. Leslie, Carol and Kevin at released combinably on their Therma-

Frically coming was closely with scartered lightness showers. Because this weather had been forecast, we planned to spend friday day beking up of good track" (this is Carol's term) asked the "Koomer Ridge Trail" with side likes or the "liftden Arch" and "Silverrane Arch" reals. The combination of these trails to taked about eight or nine miles hiked for the tay.

Westarted the day with: a 300 foot camb in less than a half-rive, after which the bail was either level or had fairly gendle grades. It was along this trail that Carol pointed out an interesting orange spatted creature. It was an off, the premiedand dwelling form of the Esstern Red-Spatted News, We also saw a runibor of inviting days entrances in the rocks. Unline himsely, we didn't have not helmets, kneepads, etc.

The Hidden Arch trail included our first encounter with steps built into the steps Trais. There are 61 on this trail. For the rest of the rip someone was always counting the steps we had to climb or descent, I dun't know why. The trail also included some of the more impressive of the many stands of Rhododendrons we saw. The arch itself, being only about four feet high and six feet long, was not that impressive. Carol would have misserf it if the whit privated it out to her. The Silvernine Arch, which is down two more sets or steep wooden stairways, was mon interesting. The high point of this day's thite for Ledie was the poscelain tachlies we encountered at the Knomer Ridge drive in campground. On the way back, we tan into fellow SOLARite Tim Klepetzyk who was also there camping and hiking with some trends

The rain, for the most part, had let up by time we returned to camp for enother delicious supper ni mock shoulded pile, complete with sausage if showed Ceste an nit boy scout tip that says to find dry wond on a well day, look up. We settled fown to another warm campfine and round two of our eucline contest.

While we were playing exchap, we were surprised to hear voxes and see flashlights coming along the nearby trailin the dark. We greeted the night hikers and learned that they were a group of scouts with their lathers

"We're going to get some bamboo!"

"It acolodes cohen you burn it!"

A but le white later the boys came back with arms tull of bernhoo staks. We talked a little more and I asked if they would give us a piece to jest their explosion theory. They gave me one piece. I place is the each of the stake over the first. The scours preceded down the trail and we returned to the each regard.

### BANG!

Sparks and embers are flying.

# "KEVIN, GET UP!" "KEVIN, YOUR LEG'S ON FIRE!" "GET UP!!!"

We adjourned the euchregisme to hold an impromptu hands on class in the field repair of Kevin's. Therms Real, since it was now noticeably hissing through two smallburn-holds. We passed.

We awoke Saturday to cooler weather with rapidly dearing skies. It was another beautiful day for hiking. After and back up "Pere Misary Hell" to a new section of the Rough Traditoward Gray's Arch. The outsteaming scenery continued along with more ups and downs, some places requiring use of hands and feet. (Ask Cerol about Mr. Corky. After 3 or 4 males, we found a sport to set up camp again, filtered water and had know.

We then hiked on to see Gray's Arch, which is about 50 feet high with an impressive 80 feet span. One stretch of the trail included over 100 steps.

After seeing the arch, Corol returned to tamp to spend the afternoon with her book, while the restof us continued on another rule and a half so that we could hike the two-mile Daviel Boone Number closes the property was tearried, it was a steep and very strenuous trail. We never clid see Daniel Boone's alleged hit. We had to really hustle to get back to camp so that we could start support before which k.

Alter and her terrific suggestive sat around the compline too tired from hiking to even play eachies.

Sunday was another clear summy morning. After breakfast we had a final climb out of the garge to an easy hike slong the Paish Ridge and the Planth-ero Tight Ridge back to the dar. We changed to clean clothes, drove to a couple of Lourist stoos in the area and then headed back North.

After another "quick" top we arrived back at our starting point. The car was inhoded and everyone had gane his other separatuways in about ten minutes flat. The top, the scenery, and the hiking were all outstanding. If you haven't been to the Red Pover Group, I highly recommend it, Talso think the fell is the best time to go there.

**SOLAR** is a non-profit club with 400-plus members dedicated to the intelligent enjoyment of nature and outdoor pursuits.

Membership is only \$40 a year per person (\$55 per family) and includes discounts to a number of retail outlitters, access to club owned equipment, a monthly newsletter, and a chance to meet immediately of other tike-minded adventurers drawn together by a common love of pristine lakes, breathlaking vistas, virgin forests and scenic shorelines, and the experiences to be found there.

### **SOLAR Steering Committee**

President Tom Olofto
Vice President Tom Hayes
Secretary Cindy Faylor
Treasurer Reggis Hayes
Activities Pam Richl
BY-Laws Gloria Fontaine
Education Harry Price

Equipment Ga
Historian Gh
Membership Ma
Programs Lo
Pub. Relations Sta
Web Master Ka

Garol McCrine Charles Hailey Mary Price Lou Szakal Jenny Couch Stacie Kitchen Karl Overheul

At Large: Mike Banks • Moe DeFrance • Al Fylak • Steve Garcher

Bill Halvingis • Cindy Harrison-Felix • Doug Lanyk • Larry Martin

Joan Hettinger • Lestie Cordova • Joan & Bob Westbrook

### **SOLAR MEETINGS**

Are held the first Tuesday of every month in Southfield at the Colony Hall, 21780



SOLAR Steering Committee Meetings - The Steering Committee meets on the last Tuesday of every morth at 7:30 p.m. These meetings are usually open to the general membership. Anyone who is interested in learning what topics are being discussed, the decisions being made, or contemplating running for a position on the Steering Committee, is welcome to attend. If you are interested in attending the Steering Committee Meeting, contact Tom Oloffo at (313) 386-0057 or memountainman@yahoo cont.

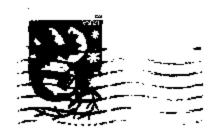
**SOLAR RAY** is a monthly publication of SOLAF and is sent free to current dues-paid members. If you change your address please tell the membership chairman, Mary Price, hmprice@ameritech.net.

### Submission Guidelines:

Stacie Kitchen, 239 E. 12 Mile Rd. Apt 17, Royal Oak, MI 48073 or call (586) 212-2335 (leave message w/your ph. #)
email: skitchen@wowway.com
or albinlau@msu.edu • (586) 524-3077

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