



Kayaking in July, anyone?

You kayak all the time... you never have kayaked at all... This time it doesn't matter.

Stay for the July program after the general membership meeting and you will learn what it takes to kayak.

If you are an experienced kayaker, you can see where kayak instructor Ron Smith has been with his kayak.

Ron will do a slide show presentation on kayaking and answer any questions that inquiring minds want to know.

This will also be the perfect opportunity to sign up for the kayaking day class that SOLAR is offering.

WANTED: Hints and Tips

I am interested in submissions of *Hints and Tips* from experienced outdoor enthusiasts for future RAYs. These should be addressed towards beginners to novices. The Tips may help members not yet into a class or just starting out into outdoor activities. The *Hints and Tips* should address BASICS, not advanced aspects of your outdoor interests. All submissions will be considered.

Change, anyone?

As with any change of leaders, new ideas are tried, along with change. The new committee will surely implement change to improve various aspects of our club. So will the SOLAR RAY. In the next several issues I am going to try different formats and new ideas. Suggestions and comments are appreciated.

--Tom Poster, Editor

What's New on North Manitou?

Memorial Day weekend gave many of our membership some experiences to be remembered for a long time. "Too many bugs!" said 14 year old Dominic Poster on his first SOLAR event. "Insufficient headroom" is probably the memory 'imbedded' into new President Doug Lanyk's head. Doug, while boarding the ferry back to Leeland, was caught off guard as he struck his head on the vessel's superstructure. Although dazed (isn't he always?) Doug said he was feeling better at the Steering Committee meeting the next day. One contribution about Manitou can be found in the **Reflections** section.

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RATTLESNAKE 1998

Here we go again! August 7, 8, and 9 is the date to pencil in for Rattlesnake 1998. Located in Milton, Ontario, this is one of SOLAR's most popular fun events. There's something for everyone, camping, hiking, rock climbing, eating, sight-seeing, and more! A short drive away will transport you to the deep depths of Africa (well kinda) at the African Lion Safari, where you can see all kinds of wild animals.

SOLAR is again sponsoring the annual Cook-Off. The winner gets to keep the plaque for one year, identifying them as the "master chef of the outdoors". The big rule though, ALL preparation and cooking for this event must be done at the campsite. Even if you don't have the culinary skills to compete, please bring a dish to pass for the traditional Pot-Luck.

As far as amenities, the campsite is equipped with grass lots, hot showers, and flush toilets. (Is this *REALLY* camping?)

Those with a desire to 'hang around' can bring rock climbing equipment and ascend to new heights.

Tag along on Jim Gilfix's *Discovery Tour*, where you will travel to the Crawford Lake Conservation Area, high atop the Niagara escarpment.

Extensive woodlands and pristine wetlands are home to a variety of plants and animals. Included in the tour is a 15th century village, gift shop, and a boardwalk around the lake.

Spencer Gorge Wilderness Area offers a picturesque walk to the falls, where you can play in the water.

Still not enough to do?... Read on!

Opportunities are available for those who are interested in wet entertainment. Bring windsurfing equipment, bathing suits, and waterproof cameras.

How about hiking to, and swimming at Hilton Falls? Or to Waterdown Falls? Or Bronte Creek Falls? How about playing in Kelso Lake?

For those of you that are *HYPER*, include a trip to Fergus Highland Festival, and then go touring at the Gorge at Elora. If you still are awake after all this (phew!), join in a campfire sing-a-long on Friday and Saturday night.



Rattlesnake 1997

Bring your guitar, drums, cymbals, harmonica, or accordion... well maybe you can leave that one at home.

Contact Jim Young on (810) 731-2504 for info.

SOLAR's Eighth Annual Fossil Hunt and Adventure Day

If reaching back into time is your idea of fun, then join us for the 8th annual Fossil Hunt and Adventure Day. There is one restriction... you must be between 4 and 87. Other than that, the only other requirement is that you have fun! Don't worry, Scrooge and my ex-wife aren't invited.

Something for almost anyone, hiking, eating, swimming, fossil hunting, eating, and... oh yea, eating. As you can tell, the Pot-Luck lunch is "ooh-la-la".

This event is held at the Rock Glen Conservation Area near Arkona, Ontario. This is about two hours from Royal Oak, through Port Huron into Canada.

Please bring a dish to pass for the Pot-Luck lunch. Chefs and gourmet cooks, do your stuff! After we chow down with fellow SOLARites, off with the clothes (but into bathing suits, please), and onto the waterfalls. Ziplock baggies and waterproof stuff sacks are the key words here. Waterproof cameras are recommended. Mostly everything gets wet here. A bonfire is planned for Saturday night.



1997 Fossil Hunt and Adventure Day.

For those who are not camping, we will meet at the Rock Glen Museum at the Rock Glen Conservation area on July 26th (Sunday) at 11:00AM. The only cost is to enter the conservation area.

After meeting at the museum, we will hike, swim, and look for fossils. And guess what? You can keep the fossils you find! But please limit yourself to one of any type fossil, per person, so others can also enjoy the hunt.

Other things to enjoy nearby are the waterslide, an indoor and outdoor swimming pool, hot tub, and miniature golf. You can finish off with a hot shower before heading home.

To get there:

Take I-94 EAST to Port Huron. Cross the Blue Water bridge into Sarnia, Ontario.

Continue onto Highway 402 EAST to County Road 79/7 NORTH (exit 44).

About 1 km (almost a mile for those metrically impaired) past the town of Arkona, there is a small jog in the road left, then right. Look for the signs to Rock Glen Conservation area.

IMPORTANT!

There are a limited amount of camp sites so book your reservations early. Call Janie at the Rock Glen Resort (519) 828-3456, and tell them you are with SOLAR. You'll want to camp there on July 24 and 25.

There is also a motel available, the Rock Glen Motel, for those who do that type of thing.

Call Jim Gilfix on (248) 539-0489 for more information.

Reflections

SOLAR, What do you want to do?

- by Jim Gilfix

Do you want to go on a hike?
To walk around,
Upon the ground,
To travel fast,
What a blast.

Do you want to play?
Do you want to dance?
To have some Vernors,
and make romance.

Do you want to ride your bike?
a-peddling we will go,
Trails and paths we like,
So come on! SOLAR says so!

Do you want to go canoeing?
We'll paddle in the sun,
We'll look for turtles,
and have some fun.

Do you want to go camping?
To set up our tents,
To sleep on the ground,
Campfires and marshmallows,
Enough to go around.

Do you want to go fishing?
To use your rod and cast your line,
To picnic SOLAR-style,
Oh, how we will dine.

SOLARites can't be beat,
We sure do like the heat,
We'll cook and eat, and share our treat
A club for All, how neat!

Well that's all I have to say,
Now it's really up to Tom,
If this will go into the SOLAR RAY

White Water Rafting

The following trip report is paraphrased and contains edited excerpts from separate letters submitted by *Jim Gilfix* and *Marti Shamburg*. Due to the vast experiences of these two, I can't possibly put everything down here because of space limitations. -editor

It all started out fine. Clear blue skies, warm weather, and the forecast was for pleasant weather for the next four days. But as the well known meteorologist Mr. MURPHY and his laws of weather proved, stuff happens. A torrential downpour and lightening was the morning's 'alarm clock'. Jim's group split up to go horseback riding, some went on hikes to caverns. Marti's group chose to go hiking, checking out the river and wild flowers. The ACE campground became what Marti called SOLAR tent-city.

More rain came overnight, into the morning. Marti said most of the group was preparing for the worst weather, so they wiggled their way into "sausage suits", (wet suits) before the trip. Prior to getting to the river, the weather decided to cooperate and the sun came out. Perhaps the sun decided to give them a break, since they are with SOLAR.

Jim's group went on the "kid friendly" trip, while Marti chose the more challenging trip. Jim said there was a lot of class I and II rapids, with many class III were experienced. Marti's group had class III to class V rapids. The group flipped over 2 rafts, but no one was hurt. She said the group jumped off the same rock ("Jump Rock") that was used in the *Mountain Dew* commercial.

After rafting, a hearty meal back at camp was enjoyed by everyone. A good trip for all.

More heavy rain returned that night. As sleep started to come to the group, Marti swore the frogs serenade changed from *Bud-weis-er* to *Get-out-now!*

National Trails Day '98

- by Michael Banks

This year's *National Trails Day* event at *Maybury State Park* proved to be an excellent example of SOLAR-power at it's finest. Of 108 registered participants (plus several who never filled out a form) it was estimated that over eighty volunteers were SOLARites! Before the day's end, Park Superintendent *Anna Sylvester* was already compiling a wish list for next year. RET's *Alexa Lee* was amazed at how "organized and efficient the SOLAR crews" were. The one comment that kept coming back to me from all participants was how much "fun" they all had. Hopefully, we can do this more than once a year.

Thanks goes out to everyone's hard work that day, but especially, I want to thank the following SOLAR crew chiefs that put in the extra time and effort: *Karen Bates, John Fedyk, Dave Foerster, Susan Gaydos, Ken & Lesa McQuade, and Harry & Mary Price.*

Also: Thanks to *Tom Olaffo* for the photography, and *Susan Lesnuk* for persuading half the shop owners in Plymouth and Northville to advertise our worthwhile event.

Manitou

- by John Fedyk

Dilapidated cottages transform into
piles of rotted lumber,
rusty nails,
brick and stone.
Newborn maples emerge from sandy
fields
where plows once toiled.
A fog horn sounds over shores strewn
with flotsam and silvered driftwood.
Thickets spread across roads
once used for commerce,
community,
or commiseration.
Now only bird song brightens the
debris.

Activities

July

Saturday -or- Sunday

Kayaking or Canoeing - TBA
Matthew Dalton 248 360-1611

Friday-Monday 3-6

Mike's Mystery White Water Rafting- Ottawa River
Mike Banks 248 925-8939

Tuesday 7

General Membership meeting- Colony Hall

Friday-Sunday 10-12

Rattlesnake Provincial Park (Rock Climbing) - Milton, Ontario
Jim Young 810 731-2504

Friday-Sunday 17-19

Caring and Bluegrass Festival- Olive Hill, Kentucky
Leslie Cordova 248 547-5626

Saturday 25

Tie Dye and Barbeque- Holly
Karen Bates 248 810 983-4147

Saturday 25

Falls Reserve Conservation Area- Goodrich, Ontario
Jim Gilfix 248 539-0489

Sunday 26

8th Annual Fossil Hunt (kids OK), see page 5 Arkona, Ontario
Jim Gilfix 248 539-0469

August

2 Weeks 7/31 & 1/8

Backpacking- British Columbia, Canada
Tom Dunn 248 683-961

Saturday -or- Sunday

Beginning Kayaking Class- TBA
Cindy Harrison-Felix 734 722-3994

Saturday -or- Sunday

Archery- TBA
Matthew Dalton 248 360-1611

Tuesday 4

General Membership meeting- Colony Hall

Friday-Sunday 7-9

Rattlesnake Provincial Park (See Page 4)- Milton, Ontario
Jim Gilfix 248 539-0489 or Jim Young 810 731-2504

Friday-Sunday 14-16

8th Annual DeFrance Canoe Outing- AuSable River
Laura Albin 810 229-8283

September

Tuesday

General Membership meeting- Colony Hall

Friday-Sunday 4-6

Rattlesnake Provincial Park (Rock Climbing)- Milton, Ontario
Jim Young 810 731-2504

Friday-Monday 4-7

Natural Bridges/Red River Gorge (kids OK)- Slade, Kentucky
Leslie Cordova 248 547-5626

Education

July

Saturday, Sunday 11,12

Whitewater Kayaking Class for beginners-Ohioopyle, PA
Tom Dunn 248 683-9617

Wednesday 15

Trip planning seminar- EMS, Farmington Hills
Cindy Harrison-Felix 734 722-3994

Sunday 19

Edible Plants- Howell Recreation Area
Susan Gaydos 313 482-8404

Wednesday 22

Advanced Backpacking Class- Benchmark
Mike Banks 248 926-8939

Friday-Sunday 24-26

Wilderness First Aid Class- Bald Mtn Wilderness Area
Mike Banks 248 926-8939

Saturday 26

Canoe Paddling Class- Holly
Doug Lanyk 248 634-4551

August

Saturday, Sunday 1,2

Advanced Backpack Shakedown
Mike Banks 248 926-8939

Thursday 13

Basic UTM and GPS
Lester Mok 519 256-0324

Wednesdays 13 & 26

Advanced Backpack Class- Benchmark
Mike Banks 248 926-8939

Saturday 22

Edible Plants
Susan Gaydos 313 482-8404

Thursday 27

Basic Radio Communication
Lester Mok 519 256-0324

Friday Sunday 28-30

Advanced Backpack Shakedown
Mike Banks 248 926-8939

TBA

Beginning Kayaking Class
Cindy Harrison-Felix 734 722-3994

September

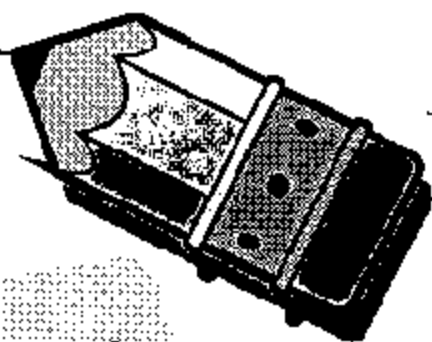
Wednesday 10

Advanced Backpack Class- Benchmark
Mike Banks 248 926-8939

Weeklong 15-27

Advanced Backpack Practical
Mike Banks 248 926-8939

The Bulletin Board



WANTED: Backpackers
for trip 1st week in August
For information call:
Carol Dunn (313) 561-1653
Kathy Kirby (313) 953-9095

Kid friendly Canoe Trip
SEPT 20
Proud Lake Rec. Area
Meet at Hayners Livery
For information, call
(734) 721-2821

Remember- Great Lake
Primitive Gathering
Aug 20-22
Call Jerry
(248) 399-0696

Detroit River Kayak Trip
July 11
\$35 includes kayak and guide
Matt Dalton (248) 360-1611
come with/or without kayak!

Elk "Hunt" / Carrera Safari and
4 X 4 Jamboree
September 11-13
Hiking/Camping/FUN!
Matt Dalton (248) 360-1611

For a good time
Call Solar
(248) 988-6658

Events and Happenings

Beginning Kayaking Class

SOLAR is sponsoring a *Beginning Kayaking* class on July 19th. This class will be taught by Ron Smith of *Black Parrot Paddling Kayaking School*. The class will be held at either Island Lake Recreation Area or Kensington Metropark. The final location will be announced at the July SOLAR meeting. This class is approximately 8-hours long and most of it is on the water. You will learn:

- ⇒ Basic kayaking strokes for both sea and white water kayaking.
- ⇒ Self and assisted rescue.
- ⇒ Recovery strokes.
- ⇒ Sweep strokes.
- ⇒ Paddle float rescues.

The cost of the class is \$95 if you do not have your own kayak and gear, \$75 if you do own your own gear. For further information, contact Cindy Harrison-Felix on (734) 722-3994 or attend the SOLAR meeting when Ron will give a presentation on kayaking for the July SOLAR program.

Tie Dyeing and BBQ

Are you fit to be tied? Tie Dyed that is. On July 25 Karen Bates will be holding a Tie Dye class at Doug Lanyk's house in Holly. Damien Lanyk, a tie dye master, the master of t-shirts, the guru of color, will instruct us on creating that one-of-a-kind t-shirt. They won't compete with Doug's t-shirt after a BBQ eating contest, but you can at least create a pattern! Speaking of BBQ, there will be one immediately after the class, along with a swim in the lake. \$15 is the cost for this fun-filled day. Call Karen Bates on (810) 983-4147 for info, or see her at the July meeting.

Gadget Classes in August

The *Basic UTM and GPS* class will teach you how to plot your GPS (Global Positioning System) location on a USGS map using the UTM grid system. August 13 is the day to pencil in for this class.

The *Basic Radio Communication* class is a non-licensing class held on Aug 27 from 7-9 pm. The class will discuss transmitting messages using CB or hand-held radios. These skills may come in handy in a wilderness emergency.

There is a pre-requisite for these courses though. You must have attended at least one of the following:

- ⇒ Backpacking
- ⇒ Land Navigation
- ⇒ Wilderness Survival

Both of these class will be held in the Detroit area. The cost is \$3 and will include all class materials.

**** BUT THERE IS A CATCH ! ****
Participants are expected to team-teach these classes in the future. If you can teach these classes in August, call Lester Mok ASAP. He is on (519) 256-0324. Recommended by Inspector Gadget!

Getting Closer to Earth

Yes, I know I'm living on the 3rd rock, but what I mean is... can YOU live without a cellphone, pager, computer, or TV? Can you survive without a tent, sleeping bag, stove, lighter or candy (gasp!)? The more we depend on these modern goodies, the more we are removed from the heartbeats of Mother Earth.

You can learn about the ancient skills of living close to earth at the *Great Lake Primitive Gathering* on Bois Blanc island, near the Mackinac Strait. The dates are August 20-22 and the cost is \$75. Breakfast and dinners are provided, the camping is FREE!

They offer outdoor workshops on flint-knapping, stone tool making, navigation, fire making, edible plants, basketry, bark containers, cordaging, and the making of bow, arrow, and atlatl.

You must pay for material costs, but the instruction is fun, and the friendship is free. Primitive Skills groupies won't be disappointed with this bargain. Sign up at the monthly SOLAR meeting.

For more information call Lester Mok on (519) 256-0324.

It's no(w) fun living in Michigan? NOT!

If you think there's nothing to do during the winter, here's some good news. DOG SLEDDING! Karen Bates is again organizing a dog sled trip in Algonquin Park, Canada. This is a 4-day, 3 night event. Tentative plans are for the week between Christmas and the New Year. The cost is \$550 Canadian. Remember the exchange rate. It will cost you less with American currency, subject to variation in the exchange rate. Currently this comes to \$481.50 US. This price includes everything except your personal belongings. If 10 or more sign up, we get a 20% discount!! Because of the demand for this trip, you should sign up soon. For info, call Karen on (810) 986-4147.

Please note:

The winner of last year's Cook-off, please arrange to have the plaque returned for the August Rattlesnake!

Details for Upcoming Activities

Caving N.E. Kentucky

Leslie Cordova (248 547-5626) is coordinating the caving trip in Olive Hill, Kentucky. This is a VERY popular trip for SOLAR.

The dates are July 17-18 and cost \$65. This includes 2 days of guided caving with Rick Simpson as guide, and 2 nights lodging. This trip is limited to 15 members so sign up soon!

The itenery is:

Drive about 7 hours to Olive Hill, KY. on Friday. Stay at Carroll's Inn Motel.

Awake on Saturday for breakfast and go caving for 5-8 hours.

Saturday night brings dinner and night life. By the way, dinner will actually be pot-luck hors d'oeuvres on the porch of the motel. Last year after caving, several people brought wine, cheese, manchies, and other beverages for this. The cave guide entertained us with his guitar. It was so much fun, we decided to do it again!

NOTE! **This is a dry county** Although no alcohol will be available, the Bluegrass Festival should offer some great entertainment after the hor d'oeuvre feast.

Sunday will be check-out at the hotel, and then set out for another day of caving. The trip should conclude about 2:00 pm. See Leslie at the SOLAR meeting to sign up.

Natural Bridges State Park & Red River Gorge

\$60 is just about all you need to enjoy 3 days of cabin lodging and other activities on Labor Day weekend. If all four cabins (24 people) are filled, guess what, the price drops to \$50!

Check-in is on Friday September 4 after 3 pm. Check-out is by 11 am on Monday September 7. Because the cabins are limited to 24 people, you should sign up ASAP.

All money is due by August 4. You will be responsible for your own food. You may wish to coordinate food with others in your cabin. Who knows? Maybe a smorgashorg is in the making here!

NOTE! **This is a dry county** If you wish to have alcohol, bring it with you, or you will need to drive about 7 miles to Wolfe County to purchase it.

Call Leslie Cordova on (248) 547-5626 for info, or see her at the July (or August if space is still available) meeting to sign up.

Can you - Canoe?

Can you canoe without bouncing back and fourth from bank to bank? Have you ever been dumped (besides that incident back in high school)? Can you perform a deep water rescue? Are you a control-freak, therefore must always steer? What is a sweep (besides the Stanley Cup playoff)? Answers to these and more are available at Doug Lanyk's home in Holly on July 26. The ***Canoe Paddling*** class will be 3-4 hours long, depending on your skill level. Call Doug on (248) 634-4551 for info, or sign up at the July SOLAR meeting.

More Details for Upcoming Activities

Speaking of Canoes...

Kayaking or Canoeing on a regular basis (NOT a class) with other SOLARites throughout this summer. **This is only an INTEREST sign-up as of press time!**

Call Matthew for info on (248) 360-1611

BULLSEYE!

Beginner to Intermediate Archery at Pontiac or Island Lake Recreation Area in July and August. **This is only an INTEREST sign-up as of press time!**

Call Matthew for info on (248)360-1611

Michigander Weekend

Paula Dirkes is SOLAR's *unofficial organizer* for those interested in attending this year's Michigander, but for the weekend only.

For carpool info and for questions, call Paula Dirkes on (248) 399-9628.

Wilderness First Aid Course

This year's *Wilderness First Aid* course will be taking place from the evening of Friday, July 24th to the evening of Sunday, July 26th. Once again, the course will be taught by Doug Brown of *Michigan Search and Rescue*. The course runs 16 to 24 hours, total. It is designed for those of us who will venture beyond the comfort zone of 911! The course fee is \$80.00 and includes the textbook and Friday and Saturday night lodging at the *Bald Mountain State Recreation Area* cabins. Call Michael Banks for more details on this valuable class. He can be reached on (248) 926-8939, or see him at the July meeting.

Advanced Backpacking Class

Do you want to know how to 'survive and thrive' beyond an overnight? Do you want to know why some trips succeed while others fail? Do you want to know what it takes to 'go wild' for a week or more? If you answered yes to any of these questions, the *Advanced Backpacking Class* is for you!

Designed to challenge all backpackers. This course will explore such subjects as group dynamics, risk management, and leadership skills.

This will be accomplished while planning a 9 day backcountry adventure. In addition to this journey, there will be 5 classes (4 evenings and 1 Saturday), and 3 weekend shakedown. It's a full schedule that demands dedication. The course fee is \$75.00. Class size is limited to 10 students.

The following qualifications apply to ALL students. The *Trip Planning Seminar* on July 15th is a prerequisite. All students must be currently certified in **Adult CPR** before class #1. All students must be currently certified in *Wilderness First Aid* (or the non-Wilderness equivalent) before class #2. **All 3 qualifications are mandatory.**

The course schedule is as follows:

Class #1	Wed.	Jul 22
Shakedown	Sat. & Sun.	Aug 1 & 2
Class #2	Wed.	Aug 19
Shakedown	Sat. & Sun.	Aug 22 & 23
Class #3	Wed.	Aug 26
Shakedown	Fri. - Sun.	Aug 28 - 30
Class #4	Thu.	Sep 10
The Practical	9 DAYS	Sep 19 - 27
Class #5	Sat.	Oct 3

Contact Michael Banks for further information on (248) 926-8939

THE SOLAR RAY

About *The RAY*

The RAY is a monthly publication of the SOLAR Club and is provided free of charge to current dues-paid members. Contributions in the form of comments, trip reports, recipes, photos and original articles are welcome. The deadline for next edition of *The Ray* is 12 days after the monthly general membership meeting. Send all contributions to Tom Poster, SOLAR RAY editor, 24855 Woodridge Dr. Apt #208, Farmington Hills, MI 48335 - (248) 478-3069

MEETING LOCATION

The purpose of the SOLAR Club is to promote and advance interest in the outdoors, through information, education, and participation. Meetings are held on the first Tuesday of the month at the Colony Hall, located at 21780 Evergreen Rd., between 8 and 9 Mile roads in Southfield, at 7:30 PM. Membership dues are:

\$30 individual, annually
\$150 for individual lifetime
\$45 annually for a family
\$225 lifetime for a family

For more information about SOLAR, call:
SOLAR CLUB HOTLINE
24-hour Voice Mail (248) 988-6658
Or visit us on the web:
<http://members.tripod.com/~solarclub1>

STEERING COMMITTEE

President Doug Lanyk 248 634-4551
Vice President John Fedyk 248 541-0499
Secretary Nancy Day 248 641-9863
Treasurer Linda Burke 248 471-9185
Activities Leslie Cordova 248 547-5626
Membership Mary Price 248 477-7547
Equipment Pam Bauerle 248 546-2633
By-Laws Laura Albin 810 229-8283
Education Harry Price 248 477-7547
SOLAR Ray Tom Poster 248 478-3069
Historian Pete Lamb 248 644-5831
Programs Karen Bates 810 983-4147
Public Relations Mike Banks 248 926-8939

At Large

Steve Gardner 253 835-0438
Mike Banks 248 926-8939
Cindy Harrison-Felix 313 722-3994
Joan Westbrook 313 513-8454
Joan Ryan 810 57-DIVE1
Al Fylak 852-7514
Larry Martin 313 591-3856
Mo DeFrance 810 229-8283
Bob Westbrook 734 513-8454
Bill Halvangis 810 669-1911
Peg Campbell 248 344-1260

SOLAR CLUB

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SCHOOL OF OUTDOOR LEADERSHIP AND RECREATION