

S O L A R E A Y

SCHOOL OF OUTDOOR LEADERSHIP, ADVENTURE AND RECREATION

SEPTEMBER 1979

The SOLAR Club is affiliated with the American Youth Hostels and the Livonia Parks and Recreation Department. The purpose of the club is to promote and advance interest in the outdoors through education and participation. Meetings are held the second Monday of each month at the Jackson Center on Lyndon (4½ Mile Road), ¼ mile west of Merriman in Livonia, at 8 o'clock sharp. Our mailing address is P. O. Box 2851, Livonia, MI 48151. Membership fees are: \$16 - individual; \$17 - family; \$5 - junior. This includes membership in AYH.

SOLAR CLUB CLASS ANNOUNCEMENTS

FALL 1979

Classes are held at Riley Junior High School in Livonia, on Five Mile Road at the corner of Henry Ruff Road. All classes require advance registration and SOLAR Club membership. Send your name, address, zip code and phone number along with a 50% deposit one week before the first class. The balance is due at the first class. Make check payable to SOLAR Club and mail to P. O. Box 2851, Livonia, MI 48151. For further information call Ron Smith at 522-5265. These classes are \$20 each.

WILDERNESS TRANSPORTATION

Sept. 18, 25, Oct. 2, 9, 7-10 PM; weekend practical Oct. 13-14
This course will deal with lightweight camping skills and equipment along with hiking techniques. Topics such as food and nutrition, menu planning, equipment selection and maintenance, map and compass use (orienteering) will be covered. It is expected that participants will have access to basic backpacking equipment. If the purchase of any item is planned during the course, it would be of benefit to wait until the equipment portion of the course is over. Only a compass (silva type) is needed for the classroom.

ROCK CLIMBING

Sept. 20, 27, Oct. 4, 11, 7-10 PM; weekend practical Oct 20-21
This course will give the student basic experience in rock climbing. Course content will include rappelling, belaying and climbing techniques. Information on various types of equipment, usage and safety will be covered. Equipment for climbing on the practical will be provided by the SOLAR Club.

TRIPS

Al Smith and Terry Wilks will be leading a climbing trip to Devil's Lake, Wisconsin, which is located near Madison. This is a very scenic lake where you may swim, camp, cliff climb and/or lead climb. It will be a three day trip; Sept. 8-10.*

Jordan River Backpack

If you missed the spring Jordan River backpacking trip or would like to compare the area in the fall with the spring, join us the weekend of October 6-7. Fall colors are beautiful along the 13 mile trail that follows the scenic Jordan River. For more info call Tim, 525-7926. Limit 12 trippers.

Agawa Canyon

Bring the family the weekend of September 29 on a train trip to Agawa Canyon north of the Soo. We will drive north Friday night, ride the train on Saturday, and then drive home Sunday. There is about a 3 hour stop at Agawa Canyon where we can hike and picnic. Those with more time may want to camp overnight and return home Monday. If you are interested, call Tim at 525-7926.

TUBING

Depending on Terry's schedule, there may be another tubing trip on the weekend of September 22. Call 285-1326 any time any day for information. * Also info for Devil's Lake, above.

Belle Isle

Have a brisk morning breakfast on Belle Isle Sunday, October 28. Bring the family and meet at 9:00 AM in front of the Casino. After breakfast you can jog, bike, hike, visit the museum, zoo, nature center, aquarium or whatever. If you plan to attend, call Sue Peterson at 454-3868 by October 24 so she will know how much food to bring.

RESTAURANT EVENINGS

Now that we are back from vacation, our restaurant evenings will begin. We plan to meet at May's at the intersection of Middlebelt and 6 Mile at 7:00 on September 12. Then in October on the 19th, we are going to close Greentown and begin Saturday at the Eastern Market. The October Solar Ray will have time and meeting place.

RATTLESNAKE WEEKENDS

Remember that the Rattlesnake weekends are Sept 14 and Oct 12.

COME TO THE SOLAR CLUB MEETINGS...

The September meeting will be on the tenth. We will feature Bill Weber showing his slides on the National Parks of the west.

The October meeting will be on the eighth. Al Smith will share his experience out west in the winter at the Noels school.

ANNUAL ELECTIONS

The club elections will be held at the November meeting. Be thinking about offices you would like to see filled whether it be a friend, acquaintance or yourself.

BRIEF NOTES---

There will be a campout at Proud Lake on the weekend of November 10.

The annual Christmas Party will be on Friday, December 14.

SOLAR CLUB ACTIVITY CALENDAR

Fri Sep 7+ Climbing at Devil's Lake, Wisc.
Mon Sep 10 Monthly meeting
Wed Sep 12 Restaurant evening at May's
Fri Sep 14+ Monthly rock climbing at Rattlesnake
Sat Sep 15 Family zoo trip
Tue Sep 18 First Wilderness Transportation Class
Thu Sep 20 First Rock Climbing Class
Wed Sep 26 SOLAR RAY at AYH
Fri Sep 28+ Agawa Canyon Train Trip
Sat Oct 6+ Jordan River Backpack
Mon Oct 8 Monthly meeting
Fri Oct 12+ Monthly rock climbing at Rattlesnake
Fri Oct 19+ Restaurant evening at Greektown/Eastern Market
Sun Oct 28 Belle Isle Breakfast
Sat Nov 10+ Proud Lake campout
Fri Dec 14 Annual Christmas Party

FAMILY TRIP TO THE ZOO

A trip to the Detroit Zoo for young and old is planned for Saturday, September 15. We will meet at the front gate at 9:00 AM. There is arranged a "behind the scenes tour" of the birds section. We will be able to see the Barn Owl which the SOLAR Club has adapted. It has been suggested that after the tour at around noon, we buy lunch at the cafeteria. The food is good and prices are moderate. We can then spend the remainder of the day touring other parts of the zoo. Please call Tim for a reservation at 525-7026.

CLASSES

In addition to the classes announced on the first page, we are planning some other classes. There will also be some clinics. Forthcoming are as follows:

- Orienteering
- Cross Country skiing
- CPR (Cardiopulmonary Resuscitation)
- Yoga
- Physical fitness
- Wilderness First Aid
- Spelling clinic for SOLAR RAY editor

We have seen some of these things before and they are being repeated because we think that they are good. We are also introducing some new things. If you have anything to contribute, please assert yourself and let us know what you have to say.

The Wilderness First Aid class is being developed for presentation later this fall. Peggy Alford who has worked with many SOLAR classes and Bruce Thompson who is a physician specializing in emergency medicine are putting it together. The main emphasis of this course will be on treating injuries most likely to be encountered in the wilderness.

MAKING THE SOLAR RAY

The SOLAR RAY will be published on September 26 at the AYH office. For me, it is a unique experience. But I seem to enjoy it much more when I have the company of friends. If you would care to enjoy a stimulating evening, please call me and let me know. My number is 542-5790. --Pogo

CONSIDER THIS...

...But what is freedom? Freedom from what? There is nothing to take a man's freedom away from him, save other men. To be free, a man must be free of his brothers. That is freedom. That and nothing else.

"...Never live for the sake of another man, nor ask another man to live for mine."

Every man is free to rise as far as he's able or willing, but it's only the degree to which he thinks that determines the degree to which he'll rise.